Friends and Family,

Snowflakes and the picturesque idea of winter was in our communities in January but we all braved the warm outside temperatures to make it through. Our Spring Hills Hunters Creek Communities are making way into the 2015 year with big events and activities on the horizon and in the month of February.

Our Communities in February have the opportunity to experience and celebrate some great events and holidays! The month kicks off with the biggest party of the year for sports fans, Super Bowl XLIX. The “lover’s” holiday of Valentine’s Day will be celebrated with fun crafts all month long ending in a Valentine’s Day Ball. Later in the month we will be bringing the Big Easy to the activity room with our Mardi Gras Party and then capping off our month with our own Chinese New Year Celebration.

In January, our Director of Resident Care, Andrew gave an educational class on bathing safety tips. Andrew discussed different techniques that a resident can use while in the shower/bath to help them prevent falls and other injuries. In February, Andrew will be talking about dental hygiene and how important it is to your overall health... If there are any questions about our Spring Hills Health and Wellness talks feel free to ask our wonderful Director of Resident Care Andrew Sackaris.

There are many things to do in the coming month, whatever you decide to do, do it with a smile and we will see you all out and about!

Sincerely,
Karen Decker
Executive Director

Betsy and John Caminsky
Friends
AL Community-February 25th at 1:30pm
SC Community-February 18th at 2:00pm

10 Barbara Kipp
10 Joyce Ridulfo
15 Dominick Morelli
16 Niles Maroney
18 Peggy Banks/ Daniel N.
20 Robert Miller
21 Daniel Vaniska
23 Bertha Feder
24 Glen Pomeroy
27 Carmela Saul

Betsy and John Caminsky

WELCOME FRIENDS

BE A PART OF OUR SOCIAL MEDIA FAMILY
Engage  Inspire  Connect

This month’s Birthdays...

February

10 Barbara Kipp
10 Joyce Ridulfo
15 Dominick Morelli
16 Niles Maroney
18 Peggy Banks/ Daniel N.
20 Robert Miller
21 Daniel Vaniska
23 Bertha Feder
24 Glen Pomeroy
27 Carmela Saul

SpringHills Hunters Creek

3800 Town Center Boulevard, Orlando, FL 32837
Phone: (407) 251-4088
Fax: (407) 257-8292

Management Team
Karen Decker
Executive Director
Faye Hoyte
Business Office Manager
Andrew Sackaris
Director of Resident Care
Mary Ellen Walker
Community Relations Counselor
Matt Urankar
Director of Recreational Services
Michael Sizer
Director of Environmental Services
Taylor Ebersole
Director of Dining Services
BJ Grant-Smith
Resident Concierge

Faye Hoyte
Business Office Manager
Andrew Sackaris
Director of Resident Care
Mary Ellen Walker
Community Relations Counselor
Matt Urankar
Director of Recreational Services
Michael Sizer
Director of Environmental Services
Taylor Ebersole
Director of Dining Services
BJ Grant-Smith
Resident Concierge

VISION STATEMENT
To produce excitement and add joy to everyday life. We strive to promote and encourage opportunities for continued growth and bring out the special interest and uniqueness of every individual.

A Warm Welcome to Our Newest Members

Welcome Friends

This Month’s Birthdays...
Sunday February 1st at 6:30 pm
Spring Hills Super Bowl XLIX Party
This is the one party that not just sports fans but every resident attends because of all the exciting happenings that go on during the game! Join your activity staff in the activity room for some exciting raffles, trivia, entertaining commercials, a Katy Perry Halftime show and of course the Super Bowl.

First Two Weeks of February at Various Times
Spring Hills Winter Olympics
In January the Winter Olympics kicked off and the competition is just starting to heat up! Come and join in the events to see if you can grab the gold!

Wednesday February 4th at 3:30 pm
Enrichment through Literature with the Caring Kids of Hunters Creek
Our exciting Literature Series continues in February with the reading of “Holding up the Sky” with our local friends from Hunters Creek. Laura J. Kajghn brings all of her stories together in wonderful intergenerational aspects in her book “Rabbit’s Tale & Other Rites of Passage”.

Wednesday February 11th at 3:30 pm
Iron Chef- French Edition
Join Chef Taylor face Director of Recreation Matt in a battle of Escargot! In this month installment of Iron Chef the two competitors face off with a unique delicacy of Snail!

Monday February 23rd at 6:30 pm
Musical Connections Meeting
Please join us in the activity room for our monthly Alzheimer’s/Dementia support group. This month we add the aspect of a musical therapist that will change the dynamic of our Support Group. All friends and family are welcome.

Wednesday February 25th at 9:00 am
St. Augustine Trip
St. Augustine, FL is on of the most historical cities in all of Florida. Join us as we take a day trip and follow the St. Augustine Historic Trail. We will be having lunch on the waterfront so be sure to bring a thirst for history and an appetite for some great food!

Wednesday February 18th at 6:30 am
Hunters Creek Mardi Gras Party
If you have never been to New Orleans for Mardi Gras no worries we are bringing the Big Easy to the Activity Room. The smells, taste and sounds of Mardi Gras can be enjoyed throughout the whole party… the sights of a New Orleans Mardi Gras may be a bit different! Friends and Family are invited to come and join us for a night of Bourbon Street Entertainment!

Monday February 23rd at 6:30 pm
Sweetheart Movie Nights
We would like to invite all friends and family to our Sweetheart Movie Nights in February to watch some all-time classics in our Spring Cottage Parlor. In a month where love is always in the air it’s a great time to cuddle up on the couch with a loved one and experience the heart warming stories of the famous faces of Meg Ryan and Tom Hanks in Sleepless in Seattle and You’ve Got Mail. We will also be showing How Harry Met Sally and Serendipity.

Thursday February 5th at 8:00 am
Spring Cottage Friends and Family Pancake Breakfast
Inviting all friends and family to another edition of the right way to wake up in the morning in Spring Cottage! This month we will be adding some color to our pancake breakfast in honor of Valentine’s Day with some sweet red strawberries and some white whipped cream. Please RSVP by the 3rd with Chelsea.

Tuesday February 10th at 3:30 pm
Enrichment through Literature- Holding Sky
Our exciting Literature Series continues in February with the reading of “Holding Up the Sky” Laura J. Kajghn brings all of her stories together in wonderful intergenerational aspects in her book “Rabbit’s Tale & Other Rites of Passage”.

Thursday February 19th at 2:00 pm
Health and Wellness with Sarah: Dental Hygiene
Join your resident wellness nurse Sarah for an important topic: Dental Hygiene. It may be one of the most overlooked aspects of health but taking care of your teeth can lead to overall exceptional health. Sarah will be going over proper ways on a daily basis to take care of your chompers! If you ever have any questions regarding the Health and Wellness talks please free free to ask Sarah at anytime!

Monday February 23rd at 6:30 pm
Musical Connections Meeting
Please join us in the activity room for our monthly Alzheimer’s/ Dementia support group. This month we add the aspect of a musical therapist that will change the dynamic of our Support Group. All friends and family are welcome.

March 1st
Peanut Butter Lovers Day

March 6th
Employee Appreciation Day

March 15th
Ides of March

March 17th
Valentines Day

March 25th
National Pecan Day

March 30th
National Doctors Day

Rose – Roses don’t like change and they are strong willed and like routine. They will use old habits to get through the day. They can “talk a good game” and always wants to know who is in charge. They are also very territorial. Provide routine, choice and keep them informed.
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**You don’t love someone because they’re perfect, you love them in spite of the fact that they’re not.**

-Jodi Picoult
**February Events**

**St. Augustine Historical Trip and Lunch**

When: Wednesday, February 25<sup>th</sup> at 9:00 am

Where: Historic St. Augustine Trail and Beaches at Vilano

What: A drive through the historical Florida town of St. Augustine with lunch on the waterfront!

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**Spring Cottage Friends and Family Pancake Breakfast**

When: Thursday, February 5<sup>th</sup> at 8:00 am

Where: Spring Cottage Dining Room and Parlor

What: A scrumptious breakfast with all the fixings bringing together friends and family.

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**Last Month’s Highlights**

- Resident Freddie Jimenez enjoying some cake during our monthly Resident B-Day Party
- Resident Domenic Digennero with his lovely wife Francis enjoying entertainment in our Spring Cottage Parlor.
- Resident Lucille Caloza being read to by a HC volunteer and being filmed by Local Channel 6 in their Making a Difference piece.
- Spring Cottage Resident Helin Lello with her finished Charlie Brown Christmas Tree during the Enrichment through Literature Series.
The mission of Spring Hills is to demonstrate “Caring with a Commitment to Quality”, by aspiring to the highest professional standards, while providing care and service in a nourishing, compassionate environment that supports the health and well-being of each of our residents. Our ongoing concern for the needs of our communities, along with a dedication to the highest personal and professional standards will inspire us to exceed the expectations of both our resident and our fellow associates. We will be the premier healthcare provider in the communities that we serve.