



Paw Prints Newsletter



December Focus: Pet Wellness

Topics Discussed

- **Pet Wellness Month**
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~ Princess Posee' Eaton
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~ Pets and the Holidays (Anxiety/Stress)
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Overall pet wellness is not just vaccines and preventions. It's yearly urine and fecal tests, it's a balanced diet, it's active play and keeping your pet mentally stimulated. Your veterinarian will ask you questions that may alter your pet's vaccine requirements. Like "does your pet play in standing water?" or "does your pet go to the dog park, groomer or boarding?". To some, these questions may seem redundant but to your pet, your answer could keep him from contracting a preventable illness.

Just like people schedule doctor visits, dentist appointments and eye examinations, our animals need wellness exams too. Some pets see their veterinarian yearly and others semi-annually. Depending on age, health, and if they board or not.

As an animal hospital, it is our goal to see that your pet is on the right path to success. We try to

educate our clients on so many aspects of vet care but as you know, a lot of information can be discussed during a 20 minute appointment but certainly not everything! Feel free to write down any questions you may have prior to your pet's scheduled appointment so that our staff can address your concerns. As always, feel free to call our office at any time.

Keep in mind that play and environmental enrichment are very important to our pets too. Especially cats and confined exotics.

To ensure a happy, healthy pet with a great quality, schedule those semi and annual wellness exams!



Special Days This Month

- Dec 2nd– National Mutt Day
- Dec 10th– Santa Pictures
- Dec 24th– Closing at noon
- Dec 31st– Closing at noon

Did You Know? Our Techs Speak

Pets and the Holidays (Anxiety/Stress)

-Kelly Paduani, Vet Tech

Holidays can be stressful for all of us, but how about for our pets? Many of us are having parties and inviting guests over. It's a whirlwind of decorations, rich food and an air of excitement. The holidays are often times of great cheer but can also be times of anxiety especially with all the commotion and changes associated with holiday activity. Whether you will be the host or whether you'll be packing up the family and pet(s) for a cross-town trip to visit family and/or friends you want to make sure everyone is comfortable.

If you are the host you will want to do a little preparation before the guests arrive. Many of us consider our pets to be members of the family, and we enjoy having them with us in as we celebrate good times. When our pets are not used to having more than a few people around, they can get overly excited and things can stop being fun. The jumping, the grabbing

food from hands and tables, the barking ... all of these things can lead to some embarrassing situations, and can even frighten some guests who are not accustomed to having animals around. In the weeks before the event, take some time to work on your pet's manners and reinforce obedience training. You might try some small gatherings with some pet friendly people who can help you to reinforce your pet's manners, so that when the bigger party night comes, your pet will already be prepared. If, on the other hand, you know that your pet will not be able to hold back their exuberance, set aside a safe room where they can stay for the duration of the event. Make the space comfortable with a bed or rug, water, toys, and maybe some treats. Close this area off to the guests so that you can be sure that your pet, and your guests, are safe. Remember to either tell your guests that your pet should be left alone or tape a sign to the door saying "do not open," so that people know that the room is to stay closed. The last thing you want is for a very excited pet to dash through the house, and possibly out the door.

Pet of the Month



Princess Posee' Eaton

Would you like to see your pet featured?
Email a picture to
quailhollowlodging@outlook.com



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Did You Know? Continued...

Instead of being the host this holiday season, you, your family and your pet(s) are going to be leaving the familiarity of home. This can provoke anxiety in both people and animals. If you are traveling by car or airplane, be sure to bring along some of your pet's favorite toys, a blanket or pillow/bed, and their regular food. If your pet is used to sleeping in a crate, bring it along so they can sleep in their familiar space. Keeping animals in travel crates prevents them from getting loose or out of hand, it prevents them from being thrown around in the car or on the plane, and it prevents them from getting free or running away. If you cannot fit a crate into your car, you can use a pet approved safety belt or harness to keep your pet in their seat where they belong. On that note, make sure your pet is wearing identification at all times and pack an emergency first aid kit for pets in case of an emergency.

One of the best things you can do throughout the holiday season is to stay on a familiar schedule. This means taking walks at the same time that you always do and feeding at the same time as usual. It might help to create an alarm system on your mobile phone to remind you of your pet's daily routine. Also, don't forget to take time to play and show affection, so that your pet does not feel thrown off balance by all of the activity and distractions. Hope you all have a safe and happy holiday!

AAHA Highlights

Pet friendly: Apartment living goes to the dogs (and cats)

Kathy Murphey

When you're in the market for a new place to live, finding just the right apartment can often be a grueling ordeal. Finding an apartment that welcomes a pet—especially a dog—is almost impossible. Until recently, most property owners banned pets because of the risk of stained carpets, scratched doors and floors, and noise issues. But, finally, apartment developers are slowly seeing the advantages of accommodating pets as a way to attract and retain clients.



Cats are generally more compatible with urban and apartment living, since they tend to be more solitary and easily left alone for longer periods of time. But until recently, the needs of dogs were harder to accommodate.

Anne Rosen, co-owner of Avenue 8 Mayfair Apartments in Denver, Colorado, says she and her partner set out to design a dog-friendly living opportunity.

"Over 50 percent of our current residents have pets," Rosen said. "In addition to human amenities, such as gyms and yoga studios, Avenue 8 has an on-site canine concierge, an indoor Bark Park complete with an agility course, and specialized floor mats. We also have two stainless steel dog wash basins and an outdoor private park."

Dog trainer Gavin Ehringer, who lives at Avenue 8, offers training classes, a walking service, and schedules onsite veterinary and professional grooming visits.



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"Apartment living with a dog can work provided the owner is willing to understand and take responsibility for the dog's real needs," he said. "Dogs are social animals, so it can be stressful for them to live in a small apartment with their people gone all day. We often see separation anxiety in dogs left alone for too long."

For example, one resident's neighbors complained that whenever he was gone, his newly-adopted dog barked all day. Being onsite, Gavin was able to work with the dog and quickly discovered the pup was considerably less anxious if music was left playing during the resident's absences.

"We all know dogs need exercise and engagement—anything that provides mental stimulation," Ehringer said. He encourages owners who do not have the time to interact with their dog regularly to hire a trainer, pet sitter, or dog walker.

"With websites like rover.com, it's easier than ever," he said. "This is true for anyone with a dog, whether in an urban, suburban, or rural setting."

In the end, pet-friendly apartment living works best when the animals' needs are met, which is made easier with onsite facilities.

"I use the dog parks here far more than any of the other facilities, like the gym," said Avenue 8 resident, Sara, scratching her dog Millie's ears. "I just moved here from out of state and I've gotten to know my neighbors just from spending time with my dog. She's really helped me meet people."

This new face of pet-friendly urban living may provide a competitive advantage to property owners, but more importantly, our pets help develop connections and encourage a stronger sense of community. But then, we already knew that.

Kathy Murphey's regular visits to the dog park with her dog, Chloe, have resulted in new friends and social "yappy hours" for them both.



Call to schedule your picture perfect memory with
our Santa Paws.

Saturday, December 10th ONLY

from 11am-3pm.

Adoption Kitten

This poor kitty found her way to QHAH. She is about 6-8 months old and sadly has no idea why she was left for us to care for. Luna is her name. She has a playful personality but may not be suitable for children, she sometimes gets a little rough without warning. If you might be interested in adopting an older kitten give our office a call!



Coupons

Trifexis
(spinosad + milbemycin oxime)

Online Coupon at
ElancoRebates.com
Buy 6 get \$10 Off
Buy 12 get \$25 Off

NexGard[™]
(afoxolaner) Chewables

First Dose FREE

When you fill out a mail-in coupon

sentinel[®]
(milbemycin oxime · lufenuron)

Online Coupon at
Sentinelpet.com
Buy 6 get \$7 Off
Buy 12 get \$20 Off

BRAVECTO[®]
(FLURALANER)

Buy 2 get \$15 Off
OR
Buy 4 get \$45 Off
With Mail-in rebate

revolution[™]

Buy 6, Get 2 FREE
Buy 9, Get 3 FREE

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Ask The Doc

Help!!! Hives! My dog gets them. I have no idea where, why, or how. Any advice?



Hello,

Hives, also known as urticaria, is a skin condition characterized by raised red skin welts. These are commonly caused by an allergic reaction – insects, vaccines, plants, food, shampoos, etc. These swollen welts can appear anywhere on the body, including the face, lips, tongue, throat, and ears. The individual welts can vary in size from small (1/4 inch) to large (over an inch), and if there are a large number of them, they can coalesce or merge together. The fact that these bumps are raised causes the hair on the dog's coat to stick out in spots. The hives are usually very itchy.

If hives are the result of insect stings, particularly bees, dogs can experience dramatic swelling around the face and lips. If the swelling progresses to the throat, breathing can be compromised resulting in a medical emergency called anaphylaxis. The good news is that most cases of hives are self-limiting and cause no significant health threat to your pet.

If the episode was related to a vaccination, your veterinarian will modify future vaccination protocols or may pre-treat your dog with antihistamines to minimize this reaction.

Hives are often easily treated with antihistamines like Benadryl and dramatic improvement can be seen sometimes in as little as a few minutes. If the hives persist despite antihistamine medication, your pet should be seen by a veterinarian right away.

-Dr. de Gale



If you have a question you would like to ask the doctor, please email quailhollowlodging@outlook.com