

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OVERFLOW ACTIVITY BOX 2/23 - 3:00pm -Art Class w/Julie-VC 2/5 - 9:00am Morning Exercise-G look for these fol events this month: Casino Royal Super Bowl Party Valentine's Dinner Shelly's Jewelry Experience Tea	INTRODUCING KARAOKE! This is fun at it's finest! Enjoy singing your favorite songs with a group or all by yourself. Whether you like singing or simply want to come listen, laugh and make suggestions, you will have a great time. Meet Helen in the CL every Monday at 3pm for a great time.	CASINO ROYAL IS HERE! It's time to play to win. You have been practicing for months as you play your favorite games. Now you can join the staff in the Vitality Center for games like Bingo, skip bo, Rummikub, Black Jack, Tripoly and much more. There will be snacks and prizes to win!	9:30 Morning Exercise - G 10:00 Hangin with Helen-CL 11:00 New Life Luncheon-L 2:00 Tripoly-CL 3:00 Arts & Crafts-VC 6:00 Movie-TH 6:30 Poker Night-CL	GROUNDHOG DAY 8:00 DR. APPOINTMENTS-L 9:30 Morning Exercise - G 1:00 Bridge-3rd Flr 1:00 Volleyball-VC 3:00 Art Class w/Julie-VC 3:00 Rummikub-CL 6:30 Pinochle - 3rd FL	9:30 Morning Exercise - G 10:00 Worship Service - VC 12:30 Shopping @ Landing-L 1:00 Dominos-CL 1:30 Deal or No Deal-VC 3:00 Canoe Club - CL	ROSA PARKS DAY! 9:30 Morning Exercise - G 12:00 Billiards - VC 1:00 Enhance Fitness - G 1:00 Skip-Bo-CL 1:00 Wii Bowling-CL 2:15 Walking Partners w/Viv-L 3:00 RUMMIKUB-CL 6:00 Movie - TH
5 9:00 CHURCH TRANSPORTATION-L 1:00 Sing-A-Long w/Joanne-CL 1:30 Scenic Drive-L 2:00 Bingo - VC 3:30 SUPERBOWL PARTY-CL 6:00 Movie - TH	6 9:30 Morning Exercise - G 10:30 Fred Meyer - L 1:00 Errands - L 1:00 Wii Bowling-CL 1:30 Tripoly-CL 2:30 KARAOKE W/HELEN-CL 6:30 Pinochle - 3rd FL	7 8:00 DR. APPOINTMENTS-L 9:30 Morning Exercise - G 1:00 Skip-Bo-VC 1:00 Sole Motion - G 2:00 Bunco- VC 3:00 Chair Zumba - CL 3:00 Sewing Class - 3rd Flr	8 9:30 Morning Exercise - G 10:00 Hangin with Helen-CL 10:00 Snoqualmie Casino-L 10:30 Danielle's Comm Mtg-CL 2:00 Tripoly-CL 3:00 Arts & Crafts-VC 6:00 Movie-TH 6:30 Poker Night-CL	9 8:00 DR. APPOINTMENTS-L 9:30 Morning Exercise - G 10:30 New Res. Orientation -L 1:00 Bridge-3rd Flr 1:00 Volleyball-VC 3:00 Art Class w/Julie-VC 3:00 Rummikub-CL 6:30 Pinochle - 3rd FL	10 9:30 Morning Exercise - G 10:00 Worship Service - VC 11:00 Shelly's Jewelry-L 12:30 Shopping @ WalMart-L 1:00 Dominos-CL 1:30 Deal or No Deal-VC 1:30 Writers Workshop-PDR 3:00 Canoe Club - CL	11 9:30 Morning Exercise - G 12:00 Billiards - VC 1:00 Enhance Fitness - G 1:00 Skip-Bo-CL 1:00 Wii Bowling-CL 2:15 Walking Partners w/Viv-L 3:00 RUMMIKUB-CL 6:00 Movie - TH
LINCOLN'S BIRTHDAY 12 9:00 CHURCH TRANSPORTATION-L 9:30 Morning Exercise/Lottie-G 11:00 Piano Music - CL 1:30 Shopping @ Goodwill-L 2:00 Bingo - VC 6:00 Movie - TH	13 9:30 Morning Exercise - G 10:30 Fred Meyer - L 1:00 Errands - L 1:00 Wii Bowling-CL 1:30 Tripoly-CL 2:30 KARAOKE W/HELEN-CL 6:30 Pinochle - 3rd FL	HAPPY VALENTINE'S 14 8:00 DR. APPOINTMENTS-L 9:30 Morning Exercise - G 11:00 Valentine's Masquerade 1:00 Skip-Bo-VC 1:00 Sole Motion - G 2:00 Bunco- VC 3:00 Chair Zumba - CL 3:00 Sewing Class - 3rd Flr	15 9:30 Morning Exercise - G 10:00 Hangin with Helen-CL 11:00 Jimmy Mac's Restaurant-L 2:00 Tripoly-CL 3:00 Arts & Crafts-VC 6:00 Movie-TH 6:30 Poker Night-CL	16 8:00 DR. APPOINTMENTS-L 9:30 Morning Exercise - G 10:00 Mobile Library - CL 1:00 Bridge-3rd Flr 1:00 Volleyball-VC 3:00 Art Class w/Julie-VC 3:00 Rummikub-CL 6:30 Pinochle - 3rd FL	17 9:30 Morning Exercise - G 10:00 Worship Service - VC 12:30 Shop @ Dollar Tree-L 1:00 Dominos-CL 1:30 Deal or No Deal-VC 3:00 Canoe Club - CL	18 9:30 Morning Exercise - G 12:00 Billiards - VC 1:00 Enhance Fitness - G 1:00 Skip-Bo-CL 1:00 Wii Bowling-CL 2:15 Walking Partners w/Viv-L 3:00 RUMMIKUB-CL 6:00 Movie - TH
19 9:00 CHURCH TRANSPORTATION-L 9:30 Morning Exercise/Lottie-G 1:00 Sing-A-Long w/Joanne-CL 1:30 Scenic Drive-L 2:00 Bingo - VC 6:00 Movie - TH	PRESIDENTS DAY 20 9:30 Morning Exercise - G 10:30 Fred Meyer - L 1:00 Errands - L 1:00 EXPERIENCE TEA-CL 1:00 Wii Bowling-CL 1:30 Tripoly-CL 2:30 KARAOKE W/HELEN-CL 6:30 Pinochle - 3rd FL	21 8:00 DR. APPOINTMENTS-L 9:30 Morning Exercise - G 1:00 Skip-Bo-VC 1:00 Sole Motion - G 2:00 Bunco- VC 3:00 Chair Zumba - CL 3:00 Sewing Class - 3rd Flr 6:30 Bingo with Tom - VC	22 9:30 Morning Exercise - G 10:00 Hangin with Helen-CL 11:00 White Gloves Tea-DR Man Cave BBQ-DR 2:00 Tripoly-CL 3:00 Arts & Crafts-VC 6:00 Movie-TH 6:30 Poker Night-CL	23 8:00 DR. APPOINTMENTS-L 9:00 Dr. Gorey-Salon 9:30 Morning Exercise - G 10:30 Vitality Plan Meeting -L 1:00 Bridge-3rd Flr 1:00 Volleyball-VC 3:00 Rummikub-CL 6:30 Pinochle - 3rd FL	24 9:30 Morning Exercise - G 10:00 Worship Service - VC 12:30 Shopping @ Safeway-L 1:00 Dominos-CL 1:30 Deal or No Deal-VC 1:30 Writers Workshop-PDR 3:00 Canoe Club - CL	25 9:30 Morning Exercise - G 12:00 Billiards - VC 1:00 Enhance Fitness - G 1:00 Skip-Bo-CL 1:00 Wii Bowling-CL 2:15 Walking Partners w/Viv-L 3:00 RUMMIKUB-CL 6:00 Movie - TH
26 9:00 CHURCH TRANSPORTATION-L 9:30 Morning Exercise/Lottie-G 11:00 Piano Music - CL 1:30 Shop @ Trader Joes-L 2:00 Bingo - VC 6:00 Movie - TH	27 9:30 Morning Exercise - G 10:30 Fred Meyer - L 1:00 Chef Chat w/Bill-CL 1:00 Errands - L 1:00 Wii Bowling-CL 1:30 Tripoly-CL 2:30 KARAOKE W/HELEN-CL 6:30 Pinochle - 3rd FL	MARDI GRAS 28 8:00 DR. APPOINTMENTS-L 9:30 Morning Exercise - G 2:00 Bunco- VC 3:00 Chair Zumba - CL 3:00 Sewing Class - 3rd Flr 4:00 Birthday Dinner-EDR	JIMMY MAC'S - MMM GOOD Join us on February 15th for great food with a lively atmosphere. Jimmy Macs is famous for there steaks, burgers, crab cakes and friendly staff. From peanuts you can shell and throw on the floor to warm freshly baked rolls - you can't beat Jimmy Macs!	VALENTINE MASQUERADE Call your family and friends for a wonderful evening of entertainment, wine, and delicious cuisine. Our Chef is planning a <i>meal that will tantalize your taste buds</i> . You will enjoy the music of a harpist while dining in an excellent atmosphere	SHELLY'S JEWELRY Just in time for Valentine's Day! Shelly will be bringing an abundance of new jewelry fresh from the market to you. The jewelry will be displayed for your convenience in the Lobby between 11am and 2pm on 2/10/17. Don't miss the great prices!	EXPERIENCE TEA Roberta Fuhr will bring one of her wonderfully informative presentations with flowering teas and the medicinal properties they posses. Come to the Canoe Lounge and bring a friend to enjoy hot tea, information and goodies to eat on 2/20 at 1pm