March 2017

Mary Barry Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Scenic Ride 10:30 1 to 1 2:30 Manicures & Smoothies 3:00 Trivia 6:00 Movie Night	**2** 9:30 Exercise 10:00 Snack & Chat 10:00 Metro Music Therapy 10:45 Beanbag Baseball 2:30 Smoothies 3:00 Pokeno 4:00 Horseshoes 6:00 Aromatherapy Lotions	**3** 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Balloon Volleyball 11:00 Reminiscing 2:30 Smoothies 3:00 Sing-a-long & Happy Hour 6:00 Movie & Hydration	**4** 9:30 Exercise 10:00 Smoothies 10:15 Daily Chronicles 10:45 Bowling 2:30 Tea Time 3:30 Music & Memories 6:00 Lawrence Welk
5 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Sing-a-long 12:30-1 Catholic Communion 2:30 Smoothies 2:45 Conversation Starters 3:30 Bean Bag Toss 6:00 Chicken Soup for the Soul	**6** 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Table Games 2:30 Smoothies 3:00 Bingo 6:00 Aromatherapy & Hand Massages	**7** 9:15 Catholic Communion 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Rhythm Band 2:30 Smoothies 3:00 Creative Arts 6:00 Karaoke	**8** 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 1 to 1 11:00 Lunch Outing to Applebee's 2:30 Manicures & Smoothies 3:00 Trivia 6:00 Movie Night	**9** 9:30 Exercise 10:00 Snack & Chat 10:00 Metro Music Therapy 10:45 Beanbag Baseball 2:30 Smoothies 3:00 Pokeno 4:00 Basketball 6:00 Aromatherapy Lotions	**10** 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Balloon Volleyball 11:00 Reminiscing 2:30 Smoothies 3:00 Sing-a-long & Happy Hour 6:00 Movie & Hydration	**11** 9:30 Exercise 10:00 Smoothies 10:15 Daily Chronicles 10:45 Ring Toss 2:30 Tea Time 3:30 Music & Memories 6:00 Lawrence Welk
12 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Sing-a-long 12:30-1 Catholic Communion 2:30 Smoothies 2:45 Conversation Starters 3:30 Bowling 6:00 Chicken Soup for the Soul Purim Daylight Saving Time Begins	**13** 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Table Games 2:30 Smoothies 3:00 Bingo 6:00 Aromatherapy & Hand Massages	**14** 9:15 Catholic Communion 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Rhythm Band 2:30 Smoothies 3:00 Creative Arts 6:00 Karaoke	**15** 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Scenic Ride 10:30 1 to 1 2:30 Manicures & Smoothies 3:00 Trivia 6:00 Movie Night	**16** 9:30 Exercise 10:00 Snack & Chat 10:00 Metro Music Therapy 10:45 Beanbag Baseball 2:30 Smoothies 3:00 Pokeno 4:00 Bean Bag Toss 6:00 Aromatherapy Lotions	**17** 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Balloon Volleyball 11:00 Reminiscing 2:30 Smoothies 3:00 Sing-a-long & Happy Hour 6:00 Movie & Hydration St. Patrick's Day	**18** 9:30 Exercise 10:00 Smoothies 10:15 Daily Chronicles 10:45 Horseshoes 2:30 Tea Time 3:30 Music & Memories 6:00 Lawrence Welk
19 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Sing-a-long 12:30-1 Catholic Communion 2:30 Smoothies 2:45 Conversation Starters 3:30 Ring Toss 6:00 Chicken Soup for the Soul	**20** 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Table Games 2:00 Birthday Party 2:30 Snoothies 3:00 Bingo 6:00 Aromatherapy & Hand Massages	**21** 9:15 Catholic Communion 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Rhythm Band 2:30 Smoothies 3:00 Creative Arts 6:00 Karaoke	**22** 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Scenic Ride 10:30 1 to 1 2:30 Manicures & Smoothies 3:00 Trivia 6:00 Movie Night	**23** 9:30 Exercise 10:00 Snack & Chat 10:00 Metro Music Therapy 10:45 Beanbag Baseball 2:30 Smoothies 3:00 Pokeno 4:00 Bowling 6:00 Aromatherapy Lotions	**24** 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Balloon Volleyball 11:00 Reminiscing 2:30 Smoothies 3:00 Sing-a-long & Happy Hour 6:00 Movie & Hydration	**25** 9:30 Exercise 10:00 Smoothies 10:15 Daily Chronicles 10:45 Bean Bag Toss 2:30 Tea Time 3:30 Music & Memories 6:00 Lawrence Welk
26 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Sing-a-long 12:30-1 Catholic Communion 2:30 Smoothies 2:45 Conversation Starters 3:30 Horseshoes 6:00 Chicken Soup for the Soul	**27** 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Table Games 2:30 Smoothies 3:00 Bingo 6:00 Aromatherapy & Hand Massages	**28** 9:15 Catholic Communion 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Rhythm Band 2:30 Smoothies 3:00 Creative Arts 6:00 Karaoke	**29** 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Scenic Ride 10:30 1 to 1 2:30 Manicures & Smoothies 3:00 Trivia 6:00 Movie Night	**30** 9:30 Exercise 10:00 Snack & Chat 10:00 Metro Music Therapy 10:45 Beanbag Baseball 2:30 Smoothies 3:00 Pokeno 4:00 Ring Toss 6:00 Aromatherapy Lotions	**31** 9:30 Exercise 10:00 Snack & Chat 10:15 Daily Chronicles 10:30 Balloon Volleyball 11:00 Reminiscing 2:30 Smoothies 3:00 Sing-a-long & Happy Hour 6:00 Movie & Hydration	***Most activities are held in the Mary Barry Memory Care Unit** ***Outside activities are dependent upon weather conditions at time of activity** ***Activities may be changed to a different activity without notice**

Eastern Star Masonic Retirement Campus, 2445 South Quebec, Denver, CO 80231