



PARSONS HOUSE PRESTON HOLLOW

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Eat Eggs to Feed Your Brain

Experts say including eggs in your diet may help enhance brain function by providing your body with key building blocks. Along with vitamins B-12 and D, egg yolks are a rich source of choline, an essential nutrient needed to produce neurotransmitters, which are chemicals that brain cells use to communicate with each other.



Residents enjoying the trip to The Dallas World Aquarium.

April 2017



Emeline and her family with Dallas in the background.



Resident Aileen enjoying entertainment with David



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Happy Birthday Tricia 2
10:00 ER Exercise
10:30 ML Song & Scripture
2:30 MT Movie and popcorn
6:00 ML Rummikub

3
10:00 ER Exercise
10:30 ER Wii Bowling
2:30 DR Bingo With Reliant Home Health
3:30 ML Dominoes
6:00 ML Rummikub

Happy Birthday Kenyta 4
9:45 ER Chef Chat With Mario
10:00 ER Exercise
10:45 ER Team Word Search
2:30 MT Kitchen Passport Japan
4:15 MT Walk-N-Talk
6:00 ML Rummikub

Happy Birthday Bill 5
10:00 ER Exercise
10:45 ER Devotional with Residents Ron & Nancy
1:00 MT Communion with St. Monica Catholic Church
2:30 DR Bingo
6:00 ML Rummikub

6
10:00 ER Exercise
11:00 ER Wii Bowling
1:30 ML Walmart
3:00 MT Movie and popcorn
6:00 ML Rummikub

7
10:00 ER Fancy Nail's
11:00 ER Shoulder Massage
2:30 ML Entertainment With Brandon Perry
3:45 ML Walk-N-Talk
6:00 MT Movie Night
6:00 ML Rummikub

Happy Birthday Alberta 8
10:00 ER Exercise
11:00 ER Spelling Bee with Mustang Heroes SMU
2:30 DR Bingo
4:00 ML Walk-N-Talk
6:00 ML Rummikub

9
10:00 ER Exercise
10:30 ML Song & Scripture
2:30 MT Movie and popcorn
6:00 ML Rummikub

10
10:00 ER Exercise
10:30 ER Wii Bowling
11:30 Out to Lunch - Olive garden
2:30 DR Bingo With Hospice Plus
3:30 ML Dominoes
6:00 ML Rummikub

11
10:00 ER Wheelchair Wash
2:30 ML Town Hall Meeting with Suzy and Teresa
3:00 ML Entertainment with Toney Walsh
4:15 MT Walk-N-Talk
6:00 ML Rummikub

12
10:00 ER Exercise
10:45 ER Devotional with Residents Ron & Nancy
1:00 MT Communion with St. Monica Catholic Church
1:30 DR Bingo with St. Monica Catholic Church
3:00 DR Domino's
6:00 ML Rummikub

13
10:00 ER Exercise
11:00 ER Wii Bowling
1:30 ML Walmart
3:00 MT Movie and popcorn
6:00 MT Alzheimers Support Group
6:00 ML Rummikub

Good Friday 14
Happy Birthday Mary
10:00 ER Fancy Nail's
11:00 ER Shoulder Massage
2:30 ML Birthday Party With Two-R-More
3:45 ML Walk-N-Talk
6:00 ML Rummikub
6:00 MT Movie Night

Happy Birthday Anne C. 15
10:00 ER Exercise
10:30 ML Easter Egg Hunt
2:00 MT New Day Outreach Ministry
2:30 DR Bingo
4:00 ML Walk-N-Talk
6:00 ML Rummikub

Easter Sunday 16
Happy Birthday Beatriz
10:00 ER Exercise
10:30 ML Song & Scripture
2:30 MT Movie and popcorn
3:00 ML Paws to Care - Hollywood the Therapy Dog
6:00 ML Rummikub

17
10:00 ER Exercise
10:30 ER Wii Bowling
2:30 DR Bingo With Reliant Home Health
3:30 ML Dominoes
6:00 ML Rummikub

18
10:00 ER Exercise
10:45 ER Team Word Search
2:30 ML Gardening by the patio
4:15 MT Walk-N-Talk
6:00 ML Rummikub

19
10:00 ER Exercise
10:45 ER Devotional with Residents Ron & Nancy
1:00 MT Communion with St. Monica Catholic Church
2:30 DR Bingo
6:00 ML Rummikub

Happy Birthday Maria ,Estela and Kennyatta 20
10:00 ER Exercise
11:00 ER Wii Bowling
1:30 ML Walmart
3:00 MT Movie and popcorn
6:00 ML Rummikub

21
10:00 ER Fancy Nail's
11:00 ER Shoulder Massage
2:30 ML Entertainment with Bob Ackerman
3:45 ML Walk-N-Talk
6:00 MT Movie Night
6:00 ML Rummikub

Earth Day 22
10:00 ER Exercise
11:00 ER Spelling Bee with Mustang Heroes SMU
2:30 DR Bingo
4:00 ML Walk-N-Talk
6:00 ML Rummikub

National Volunteer Week 23
10:00 ER Exercise
10:30 ML Song & Scripture
2:30 MT Movie and popcorn
6:00 ML Rummikub

30
10:00 ER Exercise
10:30 ML Song & Scripture
2:30 MT Movie and popcorn
6:00 ML Rummikub

24
10:00 ER Exercise
10:30 ER Wii Bowling
2:30 DR Bingo With Hospice Plus
3:30 ML Dominoes
6:00 ML Rummikub

25
10:00 ER Wheelchair Wash
12:00 PR Warning Signs Luncheon
2:30 DR Bowling on the Green
4:15 MT Walk-N-Talk
6:00 ML Rummikub

26
10:00 ER Exercise
10:45 ER Devotional with Residents Ron & Nancy
1:00 MT Communion with St. Monica Catholic Church
1:30 DR Bingo with St. Monica Catholic Church.
3:00 DR Domino's
6:00 ML Rummikub

27
10:00 ER Exercise
11:00 ER Wii Bowling
1:30 ML Walmart
3:00 MT Movie and popcorn
6:00 ML Rummikub

28
10:00 ER Fancy Nail's
11:00 ER Shoulder Massage
2:30 ML Welcome New Resident With Anthony Passacantando
3:45 ML Walk-N-Talk
6:00 ML Rummikub
6:00 MT Movie Night

29
10:00 ER Exercise
11:00 ER Spelling Bee with Mustang Heroes SMU
2:30 DR Bingo
4:00 ML Walk-N-Talk
6:00 ML Rummikub

April 2017



Residents having a good time with Debbie.



Residents enjoy a picnic lunch at Trinity Grove Park.