



PARSONS HOUSE
FRISCO

5850 Ohio Drive • Frisco, TX 75035 • (972) 668-4100

September 2017

September Birthdays

4th Jimmy B.

5th Betty L.

19th Wanda R.

Join us Friday, September 29th, at 3:00 PM for our Birthday Bash!

Entertainment provided by Mike Nicosia on Piano.
Cake provided by Texas Home Health.



Being With Friends Can Boost Your Brain

Did you know that interacting with friends and family is a great way to exercise your brain? Studies link the engagement and intellectual aspects of socializing to better memory and cognitive abilities, especially as we age. Researchers say a happy social life that involves positive people and meaningful activities may help temper the effects of stress, which affects brain performance.

Adult Coloring

Looking for a cool way to enhance FOCUS & CONCENTRATION, relieve Stress and Anxiety, encourage Relaxation & Calm?

Join our Adult Coloring group. Tuesdays at 10:30



National Assisted Living Week

We have an exciting week planned for you for National Assisted Living Week.

Full Schedule to follow

Ice Cream Sundaes -

Patriot Day Remembered -

Timeless Journey with Joe Ray -

Social Hour with Doc Gibbs -

Pajama Party and Movie Night -

Family Photo Shoot -

Crime Prevention with Frisco Police -

Crazy Hat Day -

Lawn Games & Much Much More -

We would love our Family members to participate in as many activities as possible as this year's theme is all about family.



PARSONS HOUSE
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September 2017

- LO Lobby 1st Floor
- YR Yellow Rose Cafe 1st
- MC Media Center 3rd Floor
- OT Outing - 1st Floor
- GR Game Room 3rd Floor

2 2nd Floor

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>Transportation Transportation for Doctors Appointments: Tuesday & Thursday 9 am - 3 PM</p>					<p style="text-align: right;">1</p> <p>9:00 LO Exercise with Aubrey 9:30 YR St. Frances of Assisi Communion 9:30 MC Exercise 10:30 GR Rummikub 11:00 LO Brain Games with Laci 11:30 LO Avon with Cindy 1:30 LO Team Word Search 3:00 LO Music Hour with Mike on Piano 6:30 MC Wii Bowling</p>	<p style="text-align: right;">2</p> <p>9:30 MC Exercise 10:30 GR Rummikub 10:30 GR Bunco 2:30 GR 10c Bingo 6:30 LO Dominoes</p>
<p style="text-align: right;">3</p> <p>10:00 YR Coffee Social with Friends 11:00 LO Gene on Sax 1:15 MC Church Service 2:00 GR Bridge 2:30 MC Afternoon Movie 3:00 LO Poetry & Chicken Soup Readings with Marlene 3:00 LO Puzzle Time 6:30 LO Dominoes</p>	<p style="text-align: right;">4</p> <p>Labor Day Jimmy B. Birthday</p> <p>9:00 LO Exercise with Aubrey 9:30 MC Exercise 10:30 GR Rummikub 1:30 GR Bridge 1:30 LO Team Word Search 3:00 2 Arts and Crafts 4:00 LO Visit with Baylee 6:30 LO Dominoes 6:30 GR Wii Bowling</p>	<p style="text-align: right;">5</p> <p>Betty L. Birthday</p> <p>9:30 OT Errands 9:30 MC Exercise 10:30 LO Adult Coloring 10:30 GR Rummikub 2:00 GR 10c Bingo 3:30 LO Social Hour with Cowboy Bob 6:30 LO Puzzle Time 6:30 LO Dominoes</p>	<p style="text-align: right;">6</p> <p>9:00 LO Exercise with Aubrey 9:30 MC Exercise 9:30 OT Wal-Mart 10:30 GR Rummikub 1:30 LO Gregg on Piano 3:00 LO Activity Planning with Karen 3:30 LO Poker Game with Wayne 3:30 MC Wii Bowling 6:30 MC Movie Night</p>	<p style="text-align: right;">7</p> <p>9:30 MC Exercise 10:30 GR Rummikub 11:00 LO Team Crossword 2:00 LO Music Hour with Marge & Don 3:00 GR 10c Bingo 6:30 GR Bible Study</p>	<p style="text-align: right;">8</p> <p>9:00 LO Exercise with Aubrey 9:30 MC Exercise 9:30 YR St. Frances of Assisi Communion 10:30 GR Rummikub 11:00 LO Brain Games with Laci 11:30 LO Avon with Cindy 1:30 LO Health Topic with Shannon - Fall Prevention 3:00 LO Music Hour with Mike on Piano 6:30 MC Wii Bowling</p>	<p style="text-align: right;">9</p> <p>9:30 MC Exercise 10:30 GR Rummikub 10:30 GR Bunco 11:00 Tailgate Party 1:00 LO Musical Bible with Bill & Suzahn 2:30 GR 10c Bingo 6:30 LO Dominoes</p>
<p style="text-align: right;">10</p> <p>National Assisted Living Week Grandparents Day</p> <p>10:00 YR Coffee Social with Friends 1:15 MC Church Service 2:00 GR Bridge 2:30 MC Afternoon Movie 3:00 LO Puzzle Time 6:30 LO Dominoes</p>	<p style="text-align: right;">11</p> <p>Patriot Day</p> <p>9:00 LO Exercise with Aubrey 9:30 OT Errands 9:30 MC Exercise 10:30 GR Rummikub 1:30 GR Bridge 1:30 LO Joe Ray Timeless Journey 2:30 OT Dollar Tree 4:00 LO Visit with Baylee 6:30 LO Dominoes 6:30 GR Wii Bowling</p>	<p style="text-align: right;">12</p> <p>9:30 MC Exercise 10:30 LO Adult Coloring 10:30 GR Rummikub 2:00 GR 10c Bingo 3:30 LO Social Hour with Doc Gibbs 6:30 LO Dominoes 6:30 LO Puzzle Time</p>	<p style="text-align: right;">13</p> <p>9:00 LO Exercise with Aubrey 9:30 OT Wal-Mart 9:30 MC Exercise 10:30 GR Rummikub 1:30 LO Gregg on Piano 3:00 LO Chef Chat with Max 3:30 MC For the Love of Art 3:30 LO Poker Game with Wayne 6:30 MC Movie Night</p>	<p style="text-align: right;">14</p> <p>9:30 MC Exercise 10:30 LO Crime Prevention with Officer Chandler 10:30 GR Rummikub 2:00 LO Music Hour with Marge & Don 3:00 GR 10c Bingo 6:30 GR Bible Study</p>	<p style="text-align: right;">15</p> <p>9:00 LO Exercise with Aubrey 9:30 YR St. Frances of Assisi Communion 9:30 MC Exercise 10:30 GR Rummikub 11:30 LO Brain Games with Laci 1:30 Outside Games and Ice Cream Sandwiches 3:00 LO Music Hour with Mike on Piano 6:30 MC Wii Bowling</p>	<p style="text-align: right;">16</p> <p>9:30 MC Exercise 10:30 GR Rummikub 10:30 GR Bunco 2:30 GR 10c Bingo 6:30 LO Dominoes</p>
<p style="text-align: right;">17</p> <p>10:00 YR Coffee Social with Friends 1:15 MC Church Service 2:00 GR Bridge 2:30 MC Afternoon Movie 3:00 LO Puzzle Time 6:30 LO Dominoes</p>	<p style="text-align: right;">18</p> <p>9:00 LO Exercise with Aubrey 9:30 MC Exercise 9:30 OT Errands 10:30 GR Rummikub 11:30 OT Out to Lunch Bunch - Olive Garden 1:30 GR Bridge 1:30 LO Team Word Search 3:00 2 Art Group 4:00 LO Visit with Baylee 6:30 LO Dominoes 6:30 GR Wii Bowling</p>	<p style="text-align: right;">19</p> <p>Wanda R. Birthday</p> <p>9:30 MC Exercise 10:30 LO Adult Coloring 10:30 GR Rummikub 2:00 GR 10c Bingo 3:30 LO Social Hour with Toney Walsh 6:30 LO Dominoes 6:30 LO Puzzle Time</p>	<p style="text-align: right;">20</p> <p>9:00 LO Exercise with Aubrey 9:30 MC Exercise 9:30 OT Wal-Mart 10:30 GR Rummikub 1:30 LO Gregg on Piano 3:00 YR New Residents Meet and Greet 3:30 LO Poker Game with Wayne 3:30 MC Wii Bowling 6:30 MC Movie Night</p>	<p style="text-align: right;">21</p> <p>9:30 MC Exercise 10:30 GR Rummikub 11:00 LO Team Crossword 2:00 LO Music Hour with Marge & Don 3:00 GR 10c Bingo 6:30 GR Bible Study</p>	<p style="text-align: right;">22</p> <p>9:00 LO Exercise with Aubrey 9:30 MC Exercise 9:30 YR St. Frances of Assisi Communion 10:30 GR Rummikub 11:00 LO Brain Games with Laci 1:30 LO Team Word Search 1:30 LO Nail Painting 3:00 LO Music Hour with Mike on Piano 6:30 MC Wii Bowling</p>	<p style="text-align: right;">23</p> <p>9:30 MC Exercise 10:30 GR Bunco 10:30 GR Rummikub 1:00 LO Musical Bible with Bill & Suzahn 2:30 GR 10c Bingo 6:30 LO Dominoes</p>
<p style="text-align: right;">24</p> <p>10:00 YR Coffee Social with Friends 11:00 LO Marian on Harp 1:15 MC Church Service 2:00 GR Bridge 2:30 MC Afternoon Movie 3:00 LO Puzzle Time 6:30 LO Dominoes</p>	<p style="text-align: right;">25</p> <p>9:00 LO Exercise with Aubrey 9:30 MC Exercise 9:30 OT Outing - President George W Bush Library 10:30 GR Rummikub 1:30 LO Team Word Search 1:30 GR Bridge 6:30 LO Dominoes 6:30 GR Wii Bowling</p>	<p style="text-align: right;">26</p> <p>9:30 MC Exercise 9:30 OT Errands 10:30 LO Current Events With Rabbi Wolk 10:30 LO Adult Coloring 10:30 GR Rummikub 2:00 GR 10c Bingo 3:30 LO Social Hour with Steve Christiaens 6:30 LO Puzzle Time 6:30 LO Dominoes</p>	<p style="text-align: right;">27</p> <p>9:00 LO Exercise with Aubrey 9:30 OT Wal-Mart 9:30 MC Exercise 10:30 GR Rummikub 1:30 LO Gregg on Piano 3:00 LO Town Hall Meeting 3:30 LO Poker Game with Wayne 3:30 MC Wii Bowling 6:30 MC Movie Night</p>	<p style="text-align: right;">28</p> <p>9:30 MC Exercise 10:30 GR Rummikub 11:00 LO Team Crossword 2:00 LO Music Hour with Marge & Don 3:00 GR 10c Bingo 6:30 GR Bible Study</p>	<p style="text-align: right;">29</p> <p>9:00 LO Exercise with Aubrey 9:30 YR St. Frances of Assisi Communion 9:30 MC Exercise 10:30 GR Rummikub 11:00 LO Brain Games with Laci 1:30 YR Coffee & Discussion with Chuck 1:30 LO Team Word Search 3:00 LO Birthday Bash with Mike on Piano 6:30 MC Wii Bowling</p>	<p style="text-align: right;">30</p> <p>9:30 MC Exercise 10:30 GR Rummikub 10:30 GR Bunco 2:30 GR 10c Bingo 6:30 LO Dominoes</p>

September 2017

Our Mission Statement



WE SERVE OUR ELDERS.
WE OFFER UNCONDITIONAL LOVE.
WE NURTURE PERSONAL GROWTH.
WE CELEBRATE LIFE.
WE MAKE A DIFFERENCE.

YOUR MANAGEMENT TEAM

Executive Director-----Robin Payne
Office Supervisor-----Angie Galvan
Marketing Director-----Robin Mewbourne
Assisted Living Director-----Bridgette Brown
Resident Care Coordinator-----Sam Vaughn
Dining Services Director-----Max Khan
Resident Services Director-----Karen Rowlett
Maintenance Director-----Willie Houston



Name on bus updated- Check!
Next: the van