

# SKILLED CARE

# NURSING CENTER



The **Skilled Long-Term Care** at Christian Care is called *The Nursing Center*



### DAILY RATES EFFECTIVE OCTOBER 1, 2009

Private Skilled Care .....	\$222
Semi-Private Skilled Care .....	\$195

*Call for Equipment Rental Fees*

### RATES INCLUDE:

- ◆ 24-hour nursing services
- ◆ Rehabilitation program
- ◆ Social services
- ◆ Chaplain services
- ◆ Planned activities program
- ◆ Nutritious meals, planned diet/snacks
- ◆ Gated community with 24-hour security
- ◆ Special music and entertainment events
- ◆ Lift-bus for outings
- ◆ Cable TV

*Beauty & Barber Salon Services Available at Additional Cost*

### SHORT TERM SKILLED REHABILITATION:

*Available for recovery from surgery or to strengthen after an illness*

- ◆ Physical Therapy
- ◆ Speech Therapy
- ◆ Occupational Therapy
- ◆ In-room TV, Telephone, and Electric Beds

### SeniorFITnesstM Program! *Included at no extra charge!*

SeniorFITnesstM is a specialized wellness program designed to:

- ❖ Enhance the quality of life
- ❖ Increase performance of daily activities and independence
- ❖ Reduce health care costs by reducing functional decline



Every participant in the program receives a customized fitness plan developed by a certified Fitness Specialist. Specialized classes are offered to address aging issues, balance and fall prevention, and healthy Lifestyles.

11812 North 19<sup>th</sup> Avenue ◆ Phoenix, AZ 85029 ◆ 602-943-1800  
www.ChristianCare.org ◆ Fax 602-943-6459

## SKILLED CARE

## NURSING CENTER

The Christian Care Nursing Center is a 68-bed skilled and long-term care center which provides comfortable rooms, nutritious meals, and individualized activity programs that enhance its homelike atmosphere.

**ALL BUILDINGS ON CAMPUS ARE SMOKE-FREE!**

Christian Care is licensed by the State of Arizona and certified by Medicare. In addition, ALTCS (Arizona Long Term Care System) certifies 60 nursing beds. Our commitment is to provide personalized health care services and respect each resident's emotional and spiritual needs.



**Judy Custer**

*"I've been a resident of the Christian Care Nursing Center since November 21, 2003. At first, I was very frightened and unsure of what to expect; but the staff encouraged me and were very compassionate and caring. This made me feel right at home.*

*Prior to needing long-term care, I was living independently; but my life changed suddenly and I found myself at the Nursing Center. I can honestly say that I have a better quality of life now than before ... yes, a better quality of life!*

*Currently, I serve as President of our Resident Council, which involves various responsibilities such as reviewing resident concerns, proposing outings for the month, and reviewing fund-raiser ideas. I also enjoy frequent challenges from our activities department including intellectual trivia questions.*

*I am very appreciative and thankful for the concern that the Christian Care Nursing Center has shown not only to me, but to my family as well. Thank you, Christian Care."*