

JOIN **CLAREMONT PLACE** FOR AN
**ALZHEIMER'S, DEMENTIA
and MEMORY LOSS**
Family Caregiver Support Group

First Tuesday of the Month
6:00-7:30pm



Come get support from others in a caring and understanding environment. Ask questions and get straight answers from people who have been there, learn creative and caring problem solving techniques and caregiving ideas, and discover that you are not alone in the way you feel.

For more information contact:

Janis Seiler, MSG, Director of the Family Caregiver Support Program at
Community Senior Services at (909) 621-9900, or

Brandy Sandoval, Director of the Generations Program at (909) 447-5259

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Independent Living • Assisted Living • Memory Care