

NEWS RELEASE



For immediate release

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Presentation about how ‘Life Story’ boxes help those with Alzheimer’s, other dementia

Edmond, OK – Touchmark at Coffee Creek will host dinner and an educational session Sept. 19 for the community to learn about the “Life Story Box.”

The educational session will show the importance of making “life boxes,” and how they can help those with Alzheimer’s and dementia, and assist those who care for them.

It will be held in the Prairieview Memory Care Residences at Touchmark, 2801 Shortgrass Road in Edmond. Dinner and the presentation are 5 - 7 p.m.

Life boxes can be filled with treasures, such as mementoes, souvenirs and pictures that might prompt a memory or communicate an emotion.

“A thoughtfully assembled Life Story Box can spark laughter, smiles, reminiscing and countless moments of joy,” said Touchmark Director of Health Services Myra Smith, RN.

“Central to our memory care program is getting to know — and honor — the people who live in our neighborhoods. By discovering the unique personality, interests and abilities of each person, we’re better able to connect and converse with them,” she said.

Participants are asked to bring photos and mementos that reflect a loved one’s talents, skills, interests, trips and more. Please be sure all items are replaceable and/or are copies. Touchmark will provide a clear plastic, shoebox-size plastic container with lid.

For more information and to RSVP, call 405- 340-1975.

A full-service retirement community, Touchmark offers a range of homes and lifestyles. It is part of North Edmond’s Coffee Creek planned residential development, which includes 638 acres of homes, a golf course, recreational centers and walking and biking trails for Coffee Creek homeowners. For more information, visit Touchmark.com

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TOUCHMARK *at Coffee Creek*

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