



FOR IMMEDIATE RELEASE

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For more information/interviews:

Robin Rausch, Communications Consultant

208-850-0027

robinkrausch@gmail.com

Boise and Meridian Make *Forbes* List of Best Places for Retirees

MERIDIAN, Idaho — *Forbes* recently included Boise and Meridian in its “top 25” lists for retirees. Boise made the list as a “city” and Meridian as a “suburb.” Touchmark at Meadow Lake Village, located between the two, is considered the most comprehensive retirement community in the Treasure Valley. It reflects the factors *Forbes* evaluated and why retirees are attracted to this area.

Dena Hughes moved to Boise and Touchmark at Meadow Lake Village in July of 2013 from the Seattle area. Since arriving, she is continuously impressed by the cultural offerings of the city. She recently saw the production of “Wicked” at the local auditorium, which also looks out over the Boise River with a backdrop of the foothills. “The cultural activities are marvelous,” she says. “Plus, I love the sunshine.”

“The climate is what brought us here, along with encouragement from our daughter,” says Washington transplant Gail Schornak, together with her husband Tom. “We wanted to retain the Northwest style of living, and we found that here in Boise and at the Touchmark community. Besides, Boise is very easy to navigate, and we can easily get to where we want to go”

The *Forbes* listings were provided in alphabetical order, with no ranking among the cities or suburbs. To identify the best 25, *Forbes* evaluated more than 400 cities across the country. Factors that were considered were weather – Boise and Meridian are two of the colder climates listed – overall cost of living, home prices compared to national average, general state tax climates for retirees and employment opportunities, as some retirees may continue to work part time.

The rankings used a variety of other independent studies to gauge their research. Quality of life resources, such as *Bicycling Magazine*, *Walkscore.com* and *VolunteeringinAmerica.gov*, all gave Boise high rankings in their individual evaluations. By compiling and evaluating the data, *Forbes* formed the two lists of the best places for retirees.

“I am very close to the hospital; my favorite grocery store recently opened downtown, and I have my own gardening spaces,” says Idaho native Jim Moore. He recently returned to Idaho after a long career in the airline industry and 23 years in California. “The Touchmark retirement community works well for me, as it has all levels of care for a long life span.”

With nearly 100 acres, Touchmark at Meadow Lake Village is a lifestyle-driven community that includes a golf course, walking paths, fitness center, computer lab, easy access to St. Luke’s Meridian Medical Center and living accommodations that range from single-family cottages to lodge-style apartments. Service options range from independent and assisted living to enhanced assisted living and memory care. Home health and home care options also are available.

Currently, Touchmark is home to more than 370 people over the age of 55. Since its opening in 2003,
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TOUCHMARK *at Meadow Lake Village*

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Touchmark at Meadow Lake Village has grown significantly. Just last September, the new three-story Targhee Lodge opened. Already, approximately 80% of the 68 lodge homes are occupied.

To read the full article published by *Forbes*, follow this link: <http://onforb.es/1dwCcLE>

About Touchmark at Meadow Lake Village:

Touchmark at Meadow Lake Village is an award-winning retirement community offering a range of homes and lifestyle options. More information is available at Touchmark.com.