



Lora Hovland

Life Enrichment/Wellness Director Touchmark on South Hill

Lora brings a variety of professional and volunteer experiences to this position, including teaching, business operations, and social work. Daily, she draws on her skills in communication, organization, time management, planning, motivation, and attention to detail to enrich people's lives through Touchmark's award-winning Full Life Wellness & Life Enrichment Program™

Prior to joining Touchmark, Lora worked as an operations manager/executive assistant at Cetera Financial for five years. Her background also includes 11 years as an elementary-school teacher in California and Maple Valley, Washington. During her years in social welfare, she worked with families and provided training and resources to make abusive homes safer and more nurturing. She also worked with older people and was active with the Gray Panthers organization, which championed the rights for seniors.

Lora has always been very active in community organizations. Her volunteer work includes seven years with the Make-A-Wish Foundation as well as serving on boards for PTOs, band boosters, and Boy Scouts. She is also active with the Honor Flight Network and Serve Spokane as well as in her church, participating in numerous committees and activities.

Lora received her Bachelor of Arts in Social Welfare from California State University, Fresno. She holds a Master's in Education from City University in Bellevue, Washington.

In 2014, Lora completed a comprehensive series of eight courses and requisite testing and earned the designation of Certified Cognitive Stimulation Instructor.

The mother of two adult sons, Lora also is an avid Seahawks fan.