

THE CASCADE

A SAMPLING OF OUR ROTATING SPECIALS

LUNCH (ONE DAILY ROTATING SPECIAL)

TURKEY DIP SANDWICH

Served with cranberry sauce and au jus

HOMEMADE CHILI

Served with cheddar, onion, tomato and a warm cornmeal muffin

ASIAN CHICKEN SALAD

Served with egg rolls

DINNER (TWO DAILY ROTATING SPECIALS)

MARSALA CHICKEN

Served with a baked potato and fresh zucchini.

BAKED MEAT LASAGNA

Served with fresh zucchini.

BLOOM ENTRÉE:

GRILLED CHICKEN BREAST

Served with a tender baked potato and zucchini

CHICKEN AND DUMPLINGS

Served with fresh steamed spinach.

OVEN-BAKED SALMON

Basted with Garlic and Dijon, served with whole grain pilaf and fresh steamed spinach.



THE CASCADE

DAILY MENU

BREAKFAST

EGGS TO ORDER

PANCAKES OR FRENCH TOAST

HASHBROWNS

BACON OR SAUSAGE

OATMEAL

TOAST

COLD CEREAL OR FRUIT

LUNCH

FRESH DELI SANDWICHES

Premium Roast Beef, Oven-Roasted Turkey, Low-Sodium Ham, or PB&J.

SANDWICHES OR SALAD PLATES

Albacore Tuna Salad, Chicken Salad or Egg Salad

DINNER

GRILLED CHICKEN BREAST

Marinated with herbs and served with our featured starch and vegetable

ENTRÉE SALAD OF THE WEEK

Rotates weekly and seasonally

CHEESEBURGER

Served with french fries

PORTABELLO MUSHROOM BURGER

Served with french fries

OMELET

Served with your choice of toast.

FISH AND CHIPS

Served with french fries and homemade tartar

