



For immediate release

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## **Speaker series addresses Alzheimer's disease and dementia, including diagnosis, research and legal issues**

EDMOND, Okla. — A speaker series on the challenges facing persons living with Alzheimer's disease and other age-related dementia will be presented at Touchmark at Coffee Creek retirement community beginning Jan. 26.

Each one-hour session will start at 5:30 p.m. at Touchmark, 2801 Shortgrass Road in Edmond. There is no charge to attend, but RSVPs are required in advance by calling 405-340-1975.

**Jan. 26: Dementia Diagnosis: Now What?** Family practice specialist Scott Dellinger, DO, and Touchmark Director of Health Services Myra Smith, RN, will give practical advice and share information about resources for those diagnosed and their caregivers.

**Feb. 2: Four Big Questions about Dementia.** Linda Hershey, MD, PhD, FAAN, FANA, FAHA, professor in the Department of Neurology at OU Health Sciences Center, will talk about the difference between dementia and Alzheimer's disease, common causes of dementia, steps that can slow the progression of dementia and dementia research under way at OU Medical Center,

**Feb. 9: Legal Issues Facing Those with Dementia.** Attorney Jerry Shiles of Parman & Easterday is the co-author of the book "Estate Planning Basics: A Crash Course in Safeguarding Your Legacy." Shiles's practice is devoted to estate planning, elder law planning, probate, trust and all administration.

A full-service retirement community, Touchmark at Coffee Creek offers a wide range of homes and lifestyle options and is located just off Covell. Touchmark is part of the Coffee Creek 638-acre planned residential development, which includes a golf course, recreational centers and walking and biking trails for Coffee Creek homeowners. For more information, visit [TouchmarkEdmond.com](http://TouchmarkEdmond.com).

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