

	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>DINNER</b>
<b>S U N D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon Toast or English Muffin Oatmeal or Cold Cereal Doughnuts	Beef Steak w/Grilled Onions & Gravy Mashed Potatoes Lima Beans Tortellini Salad German Chocolate Cake	Mulligatawny Soup Submarine Sandwich Peaches Ice Cream Sundae
<b>M O N D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal Pancakes with Maple Syrup	Italian Sausage & Peppers over Spaghetti Garlic Toast Tossed Garden Salad Lemon Meringue Pie	Cream of Broccoli Soup Turkey & Swiss Cheese on Rye Bread Chocolate Pudding w/Whipped Topping
<b>T U E S D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled, Poached or Omelet Bacon or Ham Toast or English Muffin Oatmeal or Cold Cereal Pastry	Glazed Ham Croquettes German Potatoes Spinach w/Hard Cooked Egg Creamy Fruit Salad Strawberry & Cream Cake	Shredded Pork Barbeque on a Bun Onion Rings Mandarin Oranges Pudding Cake Squares
<b>W E D.</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal French Toast with Maple Syrup	Chicken Divan Baked Sweet Potato Broccoli Asian Tossed Salad Fruit of the Forest Pie	Hotdog on a Bun w/Onion & Relish Baked Beans Tropical Mixed Fruit Chocolate Chip Cookie
<b>T H U R S.</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Ham Toast or English Muffin Oatmeal or Cold Cereal Pastry	Pork & Sauerkraut Mashed Potatoes Cinnamon Applesauce Sweet Potato Pie	Italian Sausage & Potato Soup Baked Cheese & Tomato Bruschetta Spiced Pear Slices Oreo Pudding
<b>F R I D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal Sweet Potato Pancakes with Syrup	Baked Salmon Cakes Seasoned Potato Wedges Chuck Wagon Corn Pepper Slaw Banana Cake	Crab Vegetable Soup Egg Salad Sandwich Pineapple Chunks Pound Cake w/Fruit Topping
<b>S A T U R D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon Toast or English Muffin Cream of Wheat or Cold Cereal Pastry	Oven Tomato Beef Stew w/Potatoes & Vegetables Three Bean Salad Blueberry Pie	Minestrone Soup Chef's Salad Diced peaches Walnut Apple Cake

**CHOICE OF BEVERAGE EACH MEAL: COFFEE, SANKA, HOT TEA, ICED TEA, MILK (REGULAR, 2% OR SKIM)**

Alts.for Lamb, Beef, Ham, Pork, Veal are Chicken-Turkey-Fish; Alts. for Chicken, Turkey are Fish-Pork-Beef  
Alts.for Seafood, Fish are Chicken-Ham-Beef-Turkey. Additional substitutes are available at resident's request

	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>DINNER</b>
<b>S U N D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon Toast or English Muffin Oatmeal or Cold Cereal Doughnuts	Baked Ham w/Pineapple Sauce Glazed Sweet Potatoes Brussels Sprouts Creamy Fruit Salad Carrot Cake	Chicken Noodle Soup Sweet Bologna Sandwich Mandarin Oranges Ice Cream Sundae
<b>M O N D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal Pancakes with Maple Syrup	Roast Loin of Pork with Barbeque Glaze Baked Potatoes Cauliflower with Cheese Sauce Tossed Salad Apple Crisp	Cream of Broccoli Soup Chicken Parmesan Sandwich on a Bun Applesauce Rice Pudding
<b>T U E S D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled, Poached or Omelet Bacon or Ham Toast or English Muffin Oatmeal or Cold Cereal Pastry	Beef Stroganoff over Noodles Buttered Baby Peas Confetti Salad Chocolate Cream Pie	Ham & Bean Soup Chicken Salad Sandwich Peaches Orange Sherbet
<b>W E D.</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal French Toast with Maple Syrup	Breaded Veal Patty w/Brown Gravy Oven Brown Potatoes Spinach w/Hard Cooked Egg Italian Pasta Salad Butterscotch Pudding	Frankfurter on a Bun w/Onions & Relish Baked Beans Fruit Cocktail Oatmeal Raisin Cookie
<b>T H U R S.</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Ham Toast or English Muffin Oatmeal or Cold Cereal Pastry	Parmesan Crusted Chicken Mashed Potatoes w/Gravy Buttered Corn Spiced Apple Rings Peach Pie	Alphabet Vegetable Soup Ham & Cheese Sandwich Sliced Pears Strawberry Short Cake Ice Cream
<b>F R I D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal Sweet Potato Pancakes with Syrup	Baked Crab Cake Seasoned Potato Wedges Mixed Vegetables Creamy Cole Slaw Key Lime Pie	Cheeseburger on a Bun With Fried Onions French Fries Pineapple Chunks Cinnamon Coffee Cake
<b>S A T U R D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon Toast or English Muffin Cream of Wheat or Cold Cereal Pastry	Oven Tomato Beef Stew With Potatoes & Vegetables Broccoli Salad Red Velvet Cake	Chicken & Waffles Pineapples & Cottage Cheese Salad Vanilla Cream Cake

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	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>DINNER</b>
<b>S U N D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon Toast or English Muffin Oatmeal or Cold Cereal Doughnuts	Roast Pork w/Gravy Baked Potatoes w/Sour Cream Peas & Onions Tossed Garden Salad Lemon Layer Cake	Chili Con Carne Corn Muffin Tortellini Salad Ice Cream Sundae
<b>M O N D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal Pancakes with Maple Syrup	Sweet & Sour Chicken Fried Rice Egg Rolls Chilled Mandarin Orange Slices Assorted New York Style Cheese Cake	Sausage Gravy Over Biscuits Hash Brown Patty Mixed Fruit Jello w/Whipped Topping
<b>T U E S D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled, Poached or Omelet Bacon or Ham Toast or English Muffin Oatmeal or Cold Cereal Pastry	Baked Meat Loaf Mashed Potatoes w/Gravy Buttered Corn Cottage Cheese & Apple Butter Peanut Butter Cake	Chicken Orzo Soup Ham Salad Sandwich Apricots Spice Cake Squares
<b>W E D.</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal French Toast with Maple Syrup	Ham & Green Beans Boiled Potatoes Carrot Raisin Salad Apple Pie	Vegetable Soup Grilled Swiss Cheese on Rye Bread Diced Pears Vanilla Pudding
<b>T H U R S.</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Ham Toast or English Muffin Oatmeal or Cold Cereal Pastry	Spaghetti & Meat Sauce Tossed Garden Salad Garlic Bread Double Chocolate Cake	Hot Turkey Melt Sandwich on a Bun French Fries Pineapple Rings Orange Cake
<b>F R I D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal Sweet Potato Pancakes with Syrup	Battered Fish w/Tartar Sauce Macaroni & Cheese Stewed Tomatoes Cole Slaw Coconut Cream Pie	Cream of Crab Soup Tuna Salad Sandwich Potato Chips & Pickle Cinnamon Bun
<b>S A T U R D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon Toast or English Muffin Cream of Wheat or Cold Cereal Pastry	Smothered Pork Chops Over Noodles Broccoli w/Cheese Sauce Carrot Salad Pound Cake w/Cherry Topping	Cream of Chicken Soup Submarine Sliced Peaches Sugar Cookie

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	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>DINNER</b>
<b>S U N D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon Toast or English Muffin Oatmeal or Cold Cereal Doughnuts	Roast Beef Mashed Potatoes w/Gravy Wax Beans Spinach Salad Pumpkin Cake	French Bread Pizza Caesar Salad Pear & Cottage Cheese German Chocolate Cake
<b>M O N D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal Pancakes with Maple Syrup	Chicken Cordon Bleu Parsley Potatoes Glazed Carrots Cranberry Sauce Pecan Pie	Hamburger Barbeque on a Bun Potato Chips & Pickle Diced Pears Funnel Cakes w/Powdered Sugar
<b>T U E S D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled, Poached or Omelet Bacon or Ham Toast or English Muffin Oatmeal or Cold Cereal Pastry	Glazed Ham Loaf Hot German Potatoes Mixed Vegetables Creamy Cucumber Salad Lemon Meringue Pie	Chicken Tenders w/Dipping Sauce Onion Rings Tropical Fruit Strawberry Ice Cream Cups
<b>W E D.</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal French Toast with Maple Syrup	Stuffed Shells w/Marinara Sauce Italian Green Beans Garlic Bread Tossed Garden Salad Cream Filled Chocolate Éclair	Creamy Corn Chowder Soup Philly Cheese Steak Subs French Fries Chocolate Chip Cookies
<b>T H U R S.</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Ham Toast or English Muffin Oatmeal or Cold Cereal Pastry	Baked Chicken Breast w/Gravy Filling Balls Harvard Beets Grape Salad White Chocolate Macadamia Nut Cookie	Cream of Tomato Soup Grilled Cheese Sandwich Mandarin Oranges & Bananas Fruit Cocktail Cake
<b>F R I D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal Sweet Potato Pancakes with Syrup	Baked Tilapia Wild Rice Pilaf Snap Peas Pepper Slaw Banana Cream Pie	Beef Noodle Soup Fish Filet Sandwich on a Bun Tartar Sauce Apricot Halves Blueberry Cup Cake
<b>S A T U R D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon Toast or English Muffin Cream of Wheat or Cold Cereal Pastry	Seasoned Pulled Pork on a Bun Baked Potatoes w/Sour Cream Amish Macaroni Salad Brownies	Pasta Fagioli Soup Cheese & Tomato Bruschetta Cinnamon Applesauce Assorted Sheet Cake

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	BREAKFAST	LUNCH	DINNER
<b>S U N D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon Toast or English Muffin Oatmeal or Cold Cereal Doughnuts	Roast Turkey Mashed Potatoes w/Gravy Asparagus Frozen Cranberry Salad Pumpkin Pie	Creamy Chicken Vegetable Soup Beef & Cheddar on a Bun Sliced Peaches Ice Cream Sundae
<b>M O N D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal Pancakes with Maple Syrup	Baked Sausage Home Fried Potatoes Lima Beans Carrot Pineapple Salad Black Forest Cake	Bacon & Cheddar Quiche Hash Brown Casserole Diced Pears Fruit & Cheese Danish
<b>T U E S D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled, Poached or Omelet Bacon or Ham Toast or English Muffin Oatmeal or Cold Cereal Pastry	Stuffed Cabbage Rolls Scalloped Rice Spinach with Hard Cooked Egg Peach Cloud	Vegetable Soup Chicken Salad Sandwich Mandarin Oranges & Bananas Ice Cream Sandwich
<b>W E D.</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal French Toast with Maple Syrup	Beef Pot Pie Warm Biscuit Creamy Cole Slaw Banana Cake	Cream of Potato Soup Ham & Swiss Cheese Sandwich on Rye Bread Fruit Cocktail Jello Cake
<b>T H U R S.</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Ham Toast or English Muffin Oatmeal or Cold Cereal Pastry	Barbequed Chicken Baked Potatoes w/Sour Cream Chuck Wagon Corn Pickled Egg & Beets Corn Muffin 7-Up Cake	Bacon Cheese Burger French Fries & Pickles Pineapple Chunks Oatmeal Raisin Cookie
<b>F R I D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal Sweet Potato Pancakes with Syrup	Creamy Shrimp Alfredo Over Angel Hair Pasta Garlic Bread Caesar Salad Fruit of the Forest Pie	Chicken Corn Soup Egg Salad Sandwich Diced Peaches Tapioca Pudding
<b>S A T U R D A Y</b>	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon Toast or English Muffin Cream of Wheat or Cold Cereal Pastry	Ham & Pasta Primavera w/Assorted Vegetables Cucumbers in Sour Cream Boston Cream Pie	Italian Wedding Soup Bologna & Cheese Sandwich Tropical Fruit Salad Cinnamon Streusel Cake

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S U N D A Y	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon Toast or English Muffin Oatmeal or Cold Cereal Doughnuts	Roast Pork Loin w/Gravy Oven Brown Potatoes Brussels Sprouts Tossed Garden Salad Lemon Meringue Pie	Vegetable Soup Turkey & Swiss Cheese Sandwich on Whole Wheat Bread Mixed Fruit Cocktail Chocolate Sundae
M O N D A Y	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon & Sausage Toast or English Muffin Oatmeal or Cold Cereal Pancakes with Maple Syrup	Chicken & Waffles Mashed Potatoes Buttered Corn Cranberry Sauce Baked Apple Raisin Crisp	Cream of Tomato Soup Grilled Cheese Sandwich Potato Chips & Pickle Pineapple Chunks Oatmeal Raisin Cookies
T U E S D A Y	Choice of Juice or Fruit Eggs – Scrambled, Poached or Omelet Bacon or Ham Toast or English Muffin Oatmeal or Cold Cereal Pastry	Swedish Meatballs Over Rice Peas & Onions Tortellini Salad Cherry Vanilla Pudding	Italian Baked Ham & Cheddar Stromboli Onion Rings Mandarin Oranges Banana Cake
W E D.	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal French Toast with Maple Syrup	Pork & Sauerkraut Homemade Mashed Potatoes Cinnamon Applesauce Pound Cake with Peaches & Whipped Cream Topping	Turkey Barley Soup California Chicken Sandwich on a Bun With Lettuce and Tomato Tropical Fruit Orange Cake
T H U R S.	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Ham Toast or English Muffin Oatmeal or Cold Cereal Pastry	Veal Parmesan With Spaghetti Garlic Bread Tossed Garden Salad Boston Cream Pie	Reuben Sandwich on Grilled Rye Bread Amish Macaroni Salad Sweet Pickles Sliced Pears Peanut Butter Cookie
F R I D A Y	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon or Sausage Toast or English Muffin Oatmeal or Cold Cereal Sweet Potato Pancakes	Baked Sea Scallops Cheesy Scalloped Potatoes California Mixed Vegetables Cole Slaw Fruit of the Forest Pie	Chicken Corn Soup Shrimp Salad Platter Mixed Fruit Butterscotch Mousse
S A T U R D A Y	Choice of Juice or Fruit Eggs – Scrambled or Poached Bacon Toast or English Muffin Cream of Wheat or Cold Cereal Pastry	Baked Salisbury Steak Roasted Red Potatoes Buttered Carrots Creamy Fruit Salad Chocolate Éclair	Mulligatawny Soup Submarines Diced Peaches Jello Cake

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