



For Immediate Release

June 1, 2015
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Memory Care Event Series

Speaker series addresses memory loss, most effective treatments

EDMOND, Okla. — A speaker series on the challenges facing persons living with Alzheimer's disease and other age-related dementia will be presented at Touchmark at Coffee Creek retirement community beginning June 9 at 6 p.m.

Each one-hour session will be held at Touchmark, 2801 Shortgrass Road, Edmond. Refreshments will be provided. There is no charge to attend, but RSVPs in advance are appreciated by calling 405- 340-1975.

June 9, 6 p.m.: When is the right time to make a move? Plus memory screening offered

Dr. Carl Griffin of the Lynn Health Science Institute will provide tips on deciding when to make a move for your loved one. The institute is considered a leader in the area of clinical trials and medical research studies.

The Lynn Institute will offer no-cost memory screenings during the evening. The confidential screening will take 5-10 minutes and consist of a series of questions and tasks. Screenings such as these can provide families with valuable information that can aid medical professionals in the diagnosis and treatment of their loved one's illness. (RSVP by June 8.)

June: 16, 6 p.m.: Sundowning

Sundowning refers to a group of symptoms that can affect persons with dementia as the sun starts to go down. Symptoms include confusion, anxiety, restlessness and agitation. This seminar will show how the time of day can affect your loved one's mood and behavior — and how to reduce these changes. (RSVP by June 15.)

June 23, 6 p.m.: TimeSlips™

TimeSlips is the open, poetic language of improvisational storytelling that invites people with memory loss to express themselves and connect with others. In this seminar, you will learn from the Touchmark team how this method works. (RSVP by June 22.)

June 30, 6 p.m.: Nutrition

As your loved one's memory loss progresses, their nutritional needs will change. This seminar will show you how to be ready for those changes and help you meet your loved one's nutritional needs. (RSVP By June 29.)

Touchmark is a full-service retirement community located off Covell at 2801 Shortgrass Road in Edmond. Touchmark at Coffee Creek is part of North Edmond's Coffee Creek planned residential development, which includes 638 acres of homes, a golf course, recreational centers, and walking and biking trails. More information is available at TouchmarkEdmond.com and by calling 405-340-1975.

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TOUCHMARK AT COFFEE CREEK
Full-service Retirement Community
2801 Shortgrass Road • Edmond, OK 73003
405-340-1975 • Touchmark.com