

# NEWS RELEASE



## **FOR IMMEDIATE RELEASE**

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## **Miller certified as Best Friends™ Master Trainer**

BISMARCK, N.D. — Amy Miller, life enrichment director at Touchmark on West Century, has earned the designation of Best Friends Master Trainer.

She received her certification from David Troxel, MPH, co-founder of the Best Friends Approach, which is a groundbreaking method of care for individuals living with Alzheimer's and other dementia. The approach focuses on encouraging respect, empathy, support and trust.

Miller completed a comprehensive training and requisite testing to demonstrate proficiency. She will use the research-based information to design and implement programs and train Touchmark staff in the Best Friends Approach.

A full-service retirement community, Touchmark on West Century is a certified Best Friends Environment. Touchmark offers a range of homes and lifestyle options for people 55-plus years. An on-site health and fitness club is open to anyone over 40 and features a variety of fitness options. For more information, visit [Touchmark.com](http://Touchmark.com).

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