

# NEWS RELEASE



FOR IMMEDIATE RELEASE

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## **Touchmark to host caregivers' support group**

Edmonton, A.B. – Touchmark at Wedgewood will launch a monthly support group in August for caregivers of loved ones with Alzheimer's disease and other age-related dementia.

All are welcome to the first session planned for 7 p.m. Wednesday, Aug. 26, at Touchmark, located at 18333 Lessard Road NW. The group, facilitated by Touchmark's Memory Care Manager Bernie Plesniewicz, R.N., and Memory Care Support Manager Wendy Schrag, R.N.-B.C., is open to the public. There is no charge, and respite care is available for individuals living with a dementia disease.

Those attending will hear a brief educational presentation and then have the opportunity to ask questions and share their ideas. At this first meeting, participants will be asked which topics they would like covered in future programs and what day/time would work best for future meetings.

To ensure enough seating, RSVP to 780-577-5000 by Aug. 21.

### **About Touchmark at Wedgewood**

A full-service retirement community, Touchmark at Wedgewood offers people 55-plus years a full range of homes and lifestyle options, including memory care service opening this fall. For more information, visit [TouchmarkEdmonton.com](http://TouchmarkEdmonton.com).

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