



For immediate release

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Touchmark nurse certified as Best Friends™ Master Trainer

EDMOND, Okla. — Myra Smith, B.S.N., director of health services at Touchmark at Coffee Creek has earned the designation of Best Friends Master Trainer following her recertification.

Smith received her certification from David Troxel, MPH, cofounder of the Best Friends Approach, which is a groundbreaking method of care for individuals living with Alzheimer's and other dementia. The approach focuses on encouraging respect, empathy, support and trust.

Smith completed a comprehensive training and requisite testing to demonstrate proficiency. She will use the research-based information to design and implement programs and train Touchmark staff in the Best Friends Approach.

A full-service retirement community, Touchmark at Coffee Creek is a certified Best Friends Environment. Touchmark is located off Covell at 2801 Shortgrass Road in Edmond and is part of North Edmond's Coffee Creek planned residential development, which includes 638 acres of homes, a golf course, recreational centers, and walking and biking trails. More information is available at TouchmarkEdmond.com and by calling 405-340-1975.

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