

NEWS RELEASE



For immediate release

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For further information:

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Touchmark to Host Caregivers' Support Group

HELENA, Mont. – Touchmark on Saddle Drive will host its monthly support group on Sunday, Sept. 20, for caregivers of loved ones with Alzheimer's disease or other dementia illness.

All are welcome to the session planned for 4 p.m. at Touchmark, located at 915 Saddle Drive. There is no charge for the group, which is open to the public.

Those attending will hear a brief educational presentation and then have the opportunity to ask questions and share their ideas. Participants explore common experiences that can shift their perspective and show that they are not alone. Participants also identify topics they would like covered in future programs.

Respite care is available for loved ones. For more information, call 406-449-4900.

About Touchmark

A full-service retirement community, Touchmark on Saddle Drive offers people a wide range of homes and lifestyle options, including memory care services. More information is available at Touchmark.com.

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