Google began at Stanford University in California. Two PhD students, Larry Page and Sergey Brin, wanted a better way to search for information on the Internet. Their mission statement was “to organize the world’s information and make it universally accessible and useful.” New Google projects hope to do that and much more.

Another Google innovation is the driverless vehicle, a technology being used in cars from Audi, BMW, Mercedes, Toyota, and other automakers. MIT Technology Review claims self-driving vehicles may eventually be safer and more fuel-efficient than any car on the road. Prototypes of Google’s basic model have logged more than 700,000 miles of safe driving.

In the kitchen, Google also is inventing a refrigerator that orders milk for you. In fact, “googleing” what clothes are fashion forward. Refrigerators that are interested in a way to leave Earth without the elevator into space. Apparently, many are.

Google X, Google’s secret research and development lab, has even researched an elevator into space. Apparently, many are interested in a way to leave Earth without the use of rockets. Someday soon, we could be “googleing” ourselves into outer space.

### September Birthdays

In astrology, those born between the 1st and 22nd of September are Virgilian Virgos. Virgos are industrious, efficient, and pay close attention to details, which is why they tend to get the job done right on the first try. Those born between September 23rd and 30th balance the scales of Libra. Librarians seek harmony and value fairness and justice. Although they’d rather avoid conflict, they are excellent team players who are tactful and polite at soothing those embroiled in argument.

- Lily Tomlin (comedian) – September 1, 1939
- Bob Newhart (comedian) – September 5, 1929
- Grandma Moses (artist) – September 7, 1890
- Frankie Avalon (singer) – September 15, 1939
- Jim Henson (puppeteer) – September 24, 1936
- Gene Autry (singer) – September 29, 1907
- Fran Drescher (actress) – September 30, 1957

### Resident Birthdays

| September 6 | Barbara MacMinn  
| September 8 | Carolyn Yeager  
| September 16 | Anne Steele  
| September 17 | Doris Macomber  
| September 22 | Martha Crown  
| September 24 | Donna Connolly  
| September 25 | Robert Powers  
| September 26 | Ludwig Zuber  
| September 28 | John Crown  

### Employee Birthdays

- Sept 21 Brianna Page

### Spiritual Connection

**Sunday Morning Services**

- 9:15 Catholic Communion
- 10:15 Church Service

**Floor Activity Room**

1st Wednesday Each Month

### Menus

#### Breakfast

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#### Lunch

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#### Dinner

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Arbor Oaks at Tyrone

#### Celebrating September

**Intergeneration Month**

**Coupon Month**

**World Alzheimer’s Month**

**Labor Day**

**September 7**

**Remembrance Day**

**September 11**

**Centenarian’s Day**

**September 22**

**Women’s Health and Fitness Day**

**September 30**

#### Music to Our Ears

September is Classical Music Month, Piano Month, and Southern Gospel Music Month. As if this isn’t enough music to our ears, September is also a time to get out of our chairs and dance. This month marks Square Dancing Month and the celebration of Line Dancing Week from September 14–19.

Music is not just an enjoyable distraction. Research shows that music has the ability to alter the chemical processes of the brain in healthy ways. It may come as no surprise that music can reduce amounts of the stress hormone cortisol. But did you know that listening to pleasurable music actually strengthens our immune systems? Music is associated with the antibody immunoglobulin A, which helps the immune system identify and fight off harmful germs and bacteria. Research also links classical music to immediate improvements in epilepsy and autism symptoms and some spatial reasoning tests (dubbed the “Mozart Effect”). And classical dance is being used as therapy for those with dementia and Parkinson’s. Participants showed improvements in motor and cognitive functions, and other mental symptoms.

Research also shows that when we listen to music, several areas of our brains—those governing movement, attention, planning, and memory—are simultaneously activated. In this way, people who listen to music together are actually sharing a common experience; all their brains begin working on the same wavelength. Doctors speculate this is why music is such a unifying force. Perhaps, too, this is why there are so many synchronized social dances.

Is there no end to music’s benefits? Lowered stress, boosted immune systems, workouts for both brain and body... The next thing we’ll learn is that music helps the listener eat more when needed. Wait, there’s research to suggest soft music offers that benefit, too.

#### Last month article correction

It was, “A Daily Glass of RED Wine and a V8 juice”. The secret to living a long life Quoted by; Mr. Robert Wetstein DOB 5/8/1913
Celebrating Tolkien Week

J.R.R. Tolkien is best known as the author of The Hobbit, The Lord of the Rings trilogy, and The Silmarillion. This set of books conjures the fantasy world of Middle-earth, a magical place inhabited by elves, dwarves, trolls, dragons, wizards, and, of course, the peaceful and portly race of pint-sized people known as hobbits. The Lord of the Rings—with 150 million copies sold—is the second best-selling English novel of all time, with The Hobbit (at 100 million) ranking third, according to Ranker.com. The legions of Tolkien fans worldwide now celebrate September 22 as Hobbit Day. After all, September 22 is the birthday of not just Bilbo Baggins, the hero of The Hobbit, but also of Frodo Baggins, Bilbo’s nephew and hero of The Lord of the Rings.

As if one day were not enough to honor Tolkien and his fiction, the entire week surrounding September 22 is now celebrated as Tolkien Week. After all, there is so much more to Tolkien’s story than just hobbits; he created an entire universe complete with several languages and its own mythology.

The depth of the Tolkien obsession is perhaps best exemplified by the Tolkien Society—part fan club, part charity, and part literary society. In addition to publishing a journal of Tolkien scholarship and maintaining an extensive Tolkien archive, the society also hosts an annual event known as Oxonmoot. Each September Tolkien enthusiasts travel to Oxford, England, and attend a long-weekend’s worth of seminars and art shows about all things Tolkien. This Tolkien-related gathering also includes a masquerade ball, where fans dress up as their favorite fantasy characters. For those unable to make the pilgrimage to Oxford, perhaps the best way to celebrate Tolkien Week is to read his novels, watch the film versions of the books, and complain about the many inaccuracies and liberties taken by the films’ directors.

Home of the Whopper

It’s no lie; in New Harmony, Indiana, the third Saturday in September brings the Big Whopper Liar’s Contest. These aren’t little white lies but long, well-wrought yarns expertly crafted to bring tears of laughter to audience members’ eyes. There was the one story about a woman who discovered that her grandma’s trick for the perfect piecrust involved pressing her false teeth into the dough. Then there’s the hunting tale of the boy who had his granddad’s rifle full of enough shot to take down a rattlesnake, a charging wild boar, an 11-point buck, and 13 turkeys sitting on a tree limb. While the grand prize won’t make you rich, your reputation will certainly precede you.

Unwelcome to the Emerald City

Most cities love an influx of tourists. Tourists, after all, bring dollars. The more popular a city is, the more those dollars add up. So it is very strange indeed that September 16 is Stay Away from Seattle Day, a day when Seattleites request for everyone to please refrain from visiting their wet Pacific Northwest city.

Seattle residents themselves offer myriad reasons to shun their city: exorbitant gas prices, never-ending rain, earthquakes, a fleeting summer that begins in July and ends in September. Or is the real truth that Seattle is so wonderful that its residents want to keep it all for themselves? It is world-renowned for its coffee (thank you, Starbucks), doughnuts (thank you, Top Pot), and salmon (thank you, Mother Nature). Then there’s the unparalleled natural beauty, great music scene, a cutting-edge technology industry, and hey, we even hear the whole rain thing has been exaggerated. (It’s mainly a constant drizzle, not a downpour.) So, what is it, Emerald City? Are you awful or awesome? The only way to find out may be to visit sometime soon.

Gone but Not Forgotten

Anyone who has owned a pet is familiar with the feelings of loss once that pet has passed on. World Animal Remembrance Month, celebrated in September, has been designated to remember all the good times with our companion animals.

When Dolly the sheep won worldwide renown in 1996 as the first cloned animal, few may have considered the possibility of cloning a family pet. But for the hearty sum of a hundred thousand dollars or two, a clone of a beloved pet is exactly what families can get. Sooam Biotech is already using DNA to clone companion, pet, and police dogs in its South Korean laboratory. But it’s a buyer-beware business; just because your pet may look the same, there is no guarantee that it will have the same personality or temperament.

Still others are using this fascinating science not to bring pets back from the dead but to resurrect extinct animals. Many animals have gone the way of the dodo—the great auk, the thylacine, the Carolina parakeet, the Atlas bear, and even the black rhinoceros are all now extinct.

Some scientists are using DNA in an attempt to turn science fiction into a real-life Jurassic Park. In this popular Michel Crichton book (later brought to film by Stephen Spielberg), dinosaur DNA is used to create a theme park of cloned dinosaurs. And, right now, Harvard scientists are busy trying to clone a woolly mammoth by reconstructing the entire mammoth genome.

While mammoths will not be roaming Earth any time soon, many believe it is only a matter of time before we can successfully replicate these long-lost animals in the laboratory. The most important question on scientists’ lips is not “Could we?” but “Should we?” Perhaps these scientists could watch Jurassic World, the latest film thriller in the Jurassic Park film franchise, to see how these experiments might play out.

Avast Ye Misnomers

September 19 means it’s once again Talk Like a Pirate Day. Does this mean we should go around spouting “Arrgh” and “Ahoy, matey”? Researchers chock up this type of pirate speech as nothing but Hollywood hoopla.

Many real pirates from the Golden Age of piracy most likely spoke like riverside-dwelling Londoners. After all, those pirates were often former English-speaking merchant sailors. Most pirate mythologies—from speech patterns to parrots, eye patches, and peg legs—come from the book Treasure Island by Robert Louis Stevenson. When Disney turned the book into a movie in the 1950s, actor Robert Newton’s portrayal of Long John Silver became the benchmark of nearly every pirate to follow. So, perhaps September 19 should be renamed Talk Like Robert Newton Day? Aye aye!

The Straight Doh

Over 60 years, nearly one billion cans of Play-Doh have been extruded into billions of little plastic canisters for kids to play with. In 1998, this modelling compound was even inducted into the National Toy Hall of Fame. And now it has its own holiday on September 16: National Play-Doh Day.

Play-Doh wasn’t originally intended as a toy. Invented to be wallpaper cleaner (rolled on walls to remove dirt and grime), the glob of off-white putty soon inspired the imagination of school children. In 1956, Play-Doh inventor Joe McVicker cut a deal with Captain Kangaroo and other children’s shows to promote the product. Today, Play-Doh fills a reported 100-million-plus cans with colorful putty every year.

While the official recipe is a trade secret, there are many unofficial recipes for homemade dough. What you may not be able to replicate, however, is Play-Doh’s trademark smell. But even this was offered on its 50th anniversary—as a Demeter-brand cologne for creatives.