

# NEWS RELEASE



**FOR IMMEDIATE RELEASE**

Oct. 12, 2015

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## **Touchmark announces club manager**

MERIDIAN, Idaho – Teri Denny has been appointed manager of the new Touchmark Health & Fitness Club, which was designed specifically for older adults.

Denny has nearly 10 years' experience in the health and fitness field and more than 25 years in customer services, including serving as club manager and personal trainer for Anytime Fitness locations. She is a certified personal trainer/senior fitness instructor through the Senior Fitness Association.

### **About Touchmark at Meadow Lake Village:**

Touchmark at Meadow Lake Village is an award-winning, full-service retirement community offering a range of homes and lifestyle options. The Touchmark Health & Fitness Club is designed to serve older adults and offers classes, personal training, specialized equipment and heated indoor pool. More information is available at [Touchmark.com](http://Touchmark.com).

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