

NEWS RELEASE



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Touchmark appoints Life Enrichment/Wellness director

BEND, Ore. — Anne Wilson has been appointed Life Enrichment/Wellness director at Touchmark at Mt. Bachelor Village and is responsible for directing Touchmark's award-winning Full Life Wellness & Life Enrichment Program™ including planning and overseeing the retirement community's events and activities. She replaces Angela Stewart, who assumed the role of health services director.

Wilson brings a rich background in social work, education, wellness programs and health promotion to her position. Prior to Touchmark, Wilson taught brain exercises, yoga and fitness at the Bend Parks & Recreation and Senior Center. Before that, she was a wellness director for a retirement community in Seattle, Washington. She has also worked as an independent wellness education consultant developing programs for individuals as well as large and small businesses.

Wilson holds a Master of Arts in counseling psychology from City University of Seattle, Bachelor of Science in elementary education from East Carolina University in Greenville, North Carolina, and numerous fitness-related certifications.

About Touchmark

Located along the Deschutes River, Touchmark at Mt. Bachelor Village is an award-winning retirement community offering a range of homes and lifestyles. For more information, visit www.Touchmark.com.

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TOUCHMARK AT MT. BACHELOR VILLAGE
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