



For immediate release

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For further information:

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## **Storytelling method for people with dementia explained at luncheon event**

HELENA, Mont. – TimeSlips™ is an innovative method to create stories with individuals living with Alzheimer’s disease or other dementia. An Oct. 30 “lunch and learn” presentation at Touchmark on Saddle Drive will share information about how the process works.

The event starts at 11 a.m. and includes lunch. There is no charge, but seating is limited. To register, call 449-4900 by Oct. 27.

Nanette Whitman-Holmes, Touchmark’s Life Enrichment/Wellness director, and Laura Pearson, Life Enrichment/Wellness assistant and a certified TimeSlips facilitator, will explain the TimeSlips method, which is used to engage those living with memory loss.

The event is open to the public. Caregivers, family members and others who know or work with individuals who have dementia will find it especially relevant.

Touchmark is located at 915 Saddle Drive.

### **About Touchmark**

A full-service retirement community, Touchmark on Saddle Drive offers people a wide range of homes and lifestyle options, including memory care services. More information is available at [Touchmark.com](http://Touchmark.com).

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