



FOR IMMEDIATE RELEASE

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AARP safe-driving class offered to seniors

BISMARCK, N.D. — Touchmark on West Century invites senior citizens who are still driving to sign up for a safe-driving class put on AARP.

The class is a driving refresher course and will cover safe-driving topics like understanding how aging affects driving, how to drive defensively, how driving the right car can help and knowing a person's limitations.

This class will be held Tuesday, Jan. 19 from 10 a.m. – 3 p.m. at Touchmark and is open to anyone age 65+. There will be an hour break for lunch. Cost is \$15 for AARP members, \$20 for nonmembers.

For more information, people can call Amy Miller, life enrichment director at Touchmark, at 701-323-7000.

A full-service retirement community, Touchmark on West Century offers a range of homes and lifestyle options for people 55-plus years. An on-site health and fitness club is open to anyone over 40 and features a variety of fitness options. For more information, visit Touchmark.com.

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