

# NEWS RELEASE



For immediate release

Jan. 11, 2016

For further information:

Breanne O'Doherty, Media Consultant

509-230-7824

[bre.odoherty@gmail.com](mailto:bre.odoherty@gmail.com)

## **Touchmark offers support for people with Parkinson's disease**

SPOKANE, Wash. – Touchmark on South Hill is expanding the support it offers people living with Parkinson's disease:

- Beginning Jan. 19 and running every Tuesday thereafter, the LOUD Crowd® speech therapy class will be held 11:15 a.m. - 12:15 p. m. The class will be taught by Speech Pathology students from EWU/WSU's downtown campus under the direction of Clinical Supervisor Lindsay Williams, CCC-SLP. Participants will practice vocal exercises to strengthen the voice, which can weaken because of the disease.
- On the third Wednesday of each month starting Jan. 20, a Parkinson's Disease Support Group will meet 2:30 - 4 p.m. Linda Heyamoto from Touchmark Resident Relations will facilitate the group. Meeting with others and sharing experiences is helpful when coping with the many challenges of this disease.

Both the support group and LOUD Crowd class are open to the public, and there is no charge. For more information, people can call 509-536-2929.

### **About Touchmark:**

A full-service retirement community, Touchmark on South Hill offers a range of homes and lifestyles. More information is available at [Touchmark.com](http://Touchmark.com).

-end-

TOUCHMARK ON SOUTH HILL  
*Full-service Retirement Community*  
2929 S Waterford Drive • Spokane, WA 99203  
509-536-2929 • [Touchmark.com](http://Touchmark.com)