



For immediate release

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## **Touchmark staff first in state certified in TimeSlips™**

HELENA, Mont. – Touchmark on Saddle Drive Life Enrichment/Wellness Assistant Laura Pearson is the first person in Montana to be certified as a TimeSlips facilitator.

TimeSlips is a therapeutic storytelling tool designed for individuals living with Alzheimer’s disease and other age-related dementia. For those in the middle to late stages who may no longer communicate through conventional methods, participants contribute by incorporating gestures, sounds and facial expressions into stories. For those in the earlier stages of the disease, the program can be adjusted to include more reminiscence and current events.

“At its root, storytelling is about memories, but TimeSlips is a way to open the imagination and spark creativity,” said Pearson. “The process accepts who people are and where they are in the moment. This is rewarding for the individuals, families, and others.”

During a TimeSlips session, Pearson shows residents living with dementia a photo and encourages them to talk about what they see. In the process, they collectively craft a story.

Pearson has been a member of Touchmark’s staff for three years.

### **About TimeSlips**

In an age when medicine offers few treatments for dementia, TimeSlips provides hope by opening avenues for meaningful communication and connection. It promotes and celebrates imagination and creates joy through the process of creating and sharing stories.

### **About Touchmark**

A full-service retirement community, Touchmark on Saddle Drive offers people a wide range of homes and lifestyle options, including memory care services. More information is available at [Touchmark.com](http://Touchmark.com).

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