

# NEWS RELEASE



For immediate release

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## **Defensive Driving Course**

**Touchmark at Coffee Creek, 2801 Shortgrass Road, Edmond**

**AARP Instructor Charles Reffner**

**\$15 for AARP members/\$20 for nonmembers, qualifies for insurance discounts**

**May 24, 2016**

**9 a.m. - 3 p.m.**

## **Self-assess your driving skills in AARP defensive driving course**

EDMOND, Okla. — Touchmark at Coffee Creek invites members of the public to refresh their driving skills during a six-hour defensive driving course for older drivers offered at the Edmond retirement community on May 24.

Taught by AARP defensive driving instructor Charles Reffner, the 9 a.m. - 3 p.m. class will provide information on updated traffic rules and insights on how to adjust driving for changes in hearing and vision. A light lunch will be served.

The cost is \$15 for AARP members and \$20 for others. Due to limited seating, RSVPs are required by calling 405-340-1975. The defensive driving course will be held at Touchmark, 2801 Shortgrass Road, Edmond

“We talk a lot about physical limitations as we age — eyesight and hearing issues,” Reffner said. “And we talk about some things to do to counteract those issues.”

Participants also will be eligible for an auto insurance discount.

Class highlights include self-assessment quizzes and exercises to help determine whether one is safe behind the wheel. Class participants will gain insights into being on the lookout for other driving, vehicle equipment and driving capabilities.

The defensive driving course not only allows for discounts on auto insurance under Oklahoma law, but also provides safety strategies to keep aging motorists driving longer and safer, Reffner said.

“When it’s time to hang up the keys, it’s never a fun subject, but it’s a fact of life for all of

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us as we grow older,” he said. “One of these days, we’ll just be a danger on the road.”

Drivers should begin having conversations about driving challenges beginning at age 50, at least, Reffner said, so when the time comes or age-related illnesses set in, couples or individuals already will have made decisions about driving. Those conversations might also include planning to live at a retirement community such as Touchmark, where there are transportation options, he added.

Touchmark is part of the Coffee Creek 638-acre planned residential development, which includes a golf course, recreational centers and walking and biking trails for Coffee Creek homeowners. A full-service retirement community, Touchmark offers a wide range of homes and lifestyle options. For more information, contact Touchmark at 405-340-1975 or visit [TouchmarkEdmond.com](http://TouchmarkEdmond.com).

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