

NEWS RELEASE



For immediate release

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For further information:

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Is Ageism Sabotaging Your Health?' presented by Touchmark, Monday, June 13

SIOUX FALLS, S.D. – Touchmark at All Saints welcomes Kay Van Normann on Monday, June 13 to present:

Is Ageism Sabotaging Your Health? - Kay Van Normann

Monday, June 13 – 9:30 a.m. & 1:30 p.m.

Kay Van Normann is the founder of Brilliant Aging. This fun, interactive talk will help individuals reframe their beliefs, take action and live with purpose. Light refreshments will be served.

To RSVP, call 605-335-1117. Touchmark is located at 111 W. 17th Street. Valet parking is available.

An award-winning retirement community, Touchmark at All Saints offers a range of apartment homes and lifestyles on the site of the historic All Saints School, which was built in 1884. For more information, visit Touchmark.com.

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TOUCHMARK AT ALL SAINTS
Full-service Retirement Community
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605-335-1117 • Touchmark.com