



**For immediate release**

July 10, 2016

For further information:

Mary Beth Matzek

920-540-9430

[mbmatzek@gmail.com](mailto:mbmatzek@gmail.com)

## **Touchmark hosts Tie-dye Trot on July 25**

APPLETON, Wis. – Going for a walk will be anything but boring when Touchmark on West Prospect hosts the Tie-dye Trot on Monday, July 25.

The trot, which begins at 3 p.m., will take participants around the Touchmark community. Along the way, walkers will visit crazy water stations, listen to music and have plenty of fun. Trotters are asked to wear their most colorful clothes to the event.

After the walk, everyone will enjoy light refreshments and entertainment from the Vegas-inspired Bobby Way Duo under the portico.

There is no charge for the Tie-dye Trot, but reservations are necessary by calling 920-832-9100. Touchmark is located at 2601 Touchmark Drive in Appleton.

“This is wellness at its best,” says Touchmark Executive Director Barbara Pandolfo. “You’ll be enjoying the environment, getting exercise, having fun and socializing with others!”

### **About Touchmark**

Located on 40 acres directly across from the Butte des Morts Country Club, Touchmark is home to more than 150 people. The full-service retirement community offers a wide range of homes and lifestyle options.

-end-