

Inglenook at Brighton Menu, March 5 to March 11, 2017 –A salad and dessert cart will be served for lunch. Soup and dessert cart will be served for dinner.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast 7:00 – 8:30 Scrambled Eggs, Sausage patties, and fresh fruit. Cream of Wheat	Breakfast 7:00 – 8:30 Pancakes with bacon, and fresh fruit. Oatmeal	Breakfast 7:00 – 8:30 Ham, Fried Eggs, Hash browns, and fresh fruit. Cream of Wheat	Breakfast 7:00 – 8:30 French Toast w/ sausage, and fresh fruit. Oatmeal	Breakfast 7:00 – 8:30 Breakfast Burrito w/ Green Chili, and fresh fruit. Cream of Wheat	Breakfast 7:00 – 8:30 Poached Eggs, sausage links, and potatoes, and fresh fruit. Oatmeal	Breakfast 7:00 – 8:30 Waffles, Bacon, and fresh fruit. Cream of Wheat
Brunch 11:00-1:00	Lunch 1. Baked Chicken, Mashed Potatoes, Gravy, and Vegetables. 2. Veggie Taco Salad w/ sour cream & salsa	Lunch 1. Glazed Pork w/stuffing, gravy, and carrots. 2. Baked Butter Cod, Rice Pilaf, & Sautéed Spinach-Mushroom-Tomato	Lunch 1. Roast Beef, Buttered Red Potatoes. Broccoli & Cheese 2 Shrimp Salad stuffed in an avocado on lettuce	Lunch 1. Chicken Cordon Bleu, Mashed Potato, gravy, and Vegetables. 2. Teriyaki Salmon, Rice Pilaf, Vegetables	Lunch 1. Deep Fried Shrimp, French Fries, coleslaw, and cocktail sauce. 2. Cheese Ravioli w/marinara sauce and asparagus	Lunch 1. Beef Steak Baked Potato Buttered Corn 2. Cream of Asparagus Soup in a bread bowl. & Fresh Fruit
Dinner 3. Grilled Ham & Cheese Sandwich Beef Noddle Soup	Dinner 3. Beef Lasagna, a small salad, and garlic bread 4. Turkey & Swiss Sandwich w/ 3-Bean Salad French Onion	Dinner 3. Bratwurst on a bun, sauerkraut, cowboy beans, and macaroni salad. 4. Cheese & Onion Enchilada Casserole. Spanish Rice Guacamole & Sour Cream Creamy Tomato Soup	Dinner 3. Ham & Macaroni Cheese Casserole w/ Green Beans. 4. Vegetable Quiche w/ Fresh Fruit Vegetable Soup	Dinner 3. Biscuits & Gravy with scrambled eggs 4. Fresh Fruit Plate w/ Sliced Cheese & Crackers Chicken & Rice Soup	Dinner 3. Chicken Salad on a bed of lettuce, cucumbers and, a tomato. 4. Veggie Stir Fry Egg Rolls, Sweet & Sour Sauce Split Pea & Ham	Dinner 3. Chili Con Carne with cheese, onion, and corn bread 4. Tuna Noddle Casserole w/ peas and carrots. Potato Soup

Fresh Bread is Served with every meal Please Remember.....only Fresh Fruit man be taken out of the Dining Room.

Daily Substitutions: A. Soup and ½ Sandwich B. Fresh Fruit w/ Greek Yogurt and Cottage Cheese C. PB & Jelly Sandwich w/ Chips D. Hamburger w/o Cheese E. Cheese Omelet w/Fruit F. Macaroni & Cheese w/ Fruit G. Tuna Salad Sandwich H. Chef Salad