

NEWS RELEASE



For immediate release

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Local author celebrates newest book *Launch party at Touchmark open to the public*

MERIDIAN, Idaho – Author Virginia Woods Meyer is celebrating the release of her newest book, *Tough Enough – Twenty-Five Years in Hells Canyon*, with a launch party at Touchmark at Meadow Lake Village:

Wednesday, April 5, 2017 from 2 to 4 p.m.

4037 East Clocktower Lane, Meridian

Open to the public, no charge.

Meyer, a resident of Touchmark, wrote *Tough Enough* as a creative nonfiction account of one family's story in remote Oregon, in what is now Hells Canyon Recreation Area. The story is of Meyer's personal friends, Doris and Lem Wilson, who moved to the canyon in 1951. The Wilsons established a large sheep ranch on which they expected to spend the rest of lives ranching with their three sons. Twenty-five years later that dream ended due to the creation of the recreational area enacted by Congress as part of the National Wild and Scenic Rivers System.

Based on anecdotal memories recorded by Doris Wilson, Meyer provides readers with an insider's view of living and ranching in Hells Canyon following World War II – a time when economic, political, social and environmental forces forever changed the region.

Meyer took up writing while living at Touchmark on South Hill in Spokane, Washington, where she was part of a writing club at Spokane Community College. She has previously written two other books: *Call me Katherine* and *The Peaceful Valley, the story of Kamiah's early years*, which was inspired by her grandparents' community store in Kamiah. Meyer now lives at Touchmark at Meadow Lake Village to be closer to her children in the Treasure Valley.

Tough Enough is available on Amazon.

About Touchmark at Meadow Lake Village:

Touchmark at Meadow Lake Village is an award-winning, full-service retirement community offering a range of homes and lifestyle options. The nearly 100-acre campus includes a Health & Fitness Club open to anyone over 50 featuring an indoor heated pool, variety of training systems, personal training, classes and more. Other amenities include scenic lakes, nine-hole golf course, walking paths and numerous more.

Additional information is available at Touchmark.com.

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TOUCHMARK AT MEADOW LAKE VILLAGE
Full-service Retirement Community
4037 E Clocktower Lane • Meridian, ID 83642
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