



For immediate release

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Lawler receives Cognitive Stimulation Certificate

FARGO, N.D. – Anna Lawler, Memory Care Life Enrichment Coordinator at Touchmark at Harwood Groves, has earned the designation of Certified Cognitive Stimulation Instructor (CCSI).

She received her certification from the Certified Consultants, LLC, a partnership between ActivityConnection.com and Dr. Robert G. Winningham, professor and past chair of the Behavioral Sciences Division at Western Oregon University.

Lawler completed a comprehensive series of eight courses and requisite testing to demonstrate proficiency. She will use the research-based information to design and implement programs that encourage improved brain function.

About Touchmark

Touchmark at Harwood Groves is an award-winning, full-service retirement community offering a range of homes and lifestyle options for people 55 and greater. The on-site Health & Fitness Club is open to anyone over 50 and includes an indoor heated pool, a variety of training systems to engage multiple muscle groups, personal training and classes. For more information, visit Touchmark.com.

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