



**For immediate release**

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For further information:  
MaryBeth Matzek  
920-540-9430  
[mbmatzek@gmail.com](mailto:mbmatzek@gmail.com)

## **Vlach receives Cognitive Stimulation Certificate**

APPLETON, Wis. – Annie Vlach, Life Enrichment/Wellness Director at Touchmark on West Prospect, has earned the designation of Certified Cognitive Stimulation Instructor (CCSI).

She received her certification from the Certified Consultants, LLC, a partnership between ActivityConnection.com and Dr. Robert G. Winningham, professor and past chair of the Behavioral Sciences Division at Western Oregon University.

Vlach completed a comprehensive series of eight courses and requisite testing to demonstrate proficiency. She will use the research-based information to design and implement programs that encourage improved brain function.

### **About Touchmark**

Located on 40 acres directly across from the Butte des Morts Country Club, Touchmark is home to more than 150 people. The award-winning full-service retirement community offers a wide range of homes and lifestyle options.

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