



**For immediate release**

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## **Workshops to focus on navigating life's changes**

VANCOUVER, Wash. — Touchmark at Fairway Village retirement community is offering a unique opportunity to hear from an expert who has helped guide thousands of people through life's biggest transitions.

Kelly Franklin, who holds a master's degree in Education, will be leading two workshops on Saturday, May 20: 8 a.m. to noon and 1 to 5 p.m. The cost is \$10 for one person; \$15 for two people. To RSVP, call 360-254-2866 by May 17. Touchmark is located at 2911 SE Village Loop.

Each "Navigating Life Changes with Love" workshop will provide information and activities to family members who want to feel more confident having difficult conversations with their loved ones regarding pending change. Franklin will discuss the physics of behavior and effective communication strategies and explain how this knowledge can support loving communication with loved ones.

"We will address common questions," said Franklin, "such as 'How do I help the ones I love remain safe and secure while honoring their pride and independence?' and 'How do I have that conversation in a way that reduces resistance while leading to positive change?'"

Throughout the workshop, she will provide specific strategies that honor relationships, promote loving conversations and aim for improved quality of life and win-win scenarios.

Franklin has been working in Social Services for 32 years. Since 2013, she has devoted her time and talent to promoting communication solutions that assist individuals and organizations in creating positive change.

### **About Touchmark at Fairway Village**

Touchmark at Fairway Village is a full-service retirement community offering a wide range of retirement homes, lifestyle options and services, including an on-site Health and Fitness Club for people ages 50 and greater. More information is available at [Touchmark.com](http://Touchmark.com).

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*Full-service Retirement Community*  
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