September 2017

Upcoming September Exciting Events:

Friendly reminder: If you would like to go on an outing, please be sure to sign up in the Assisted Living Post Office in the Outing Binder on the table on the right. Thank you!

Friday, Sept. 1st at 11:00am – Music in the Park Outing Feat. Dan Rafferty Band
Wednesday, Sept. 6th at 9:15am – Senior Day at the Detroit Zoo Outing
Thursday, Sept. 7th at 2:15pm – IMAX: Aircraft Carriers Outing

Assisted Living Week 2017 Activities:

Sunday, Sept. 10th from 12-3pm – Family Fall Festival and Grandparents Celebration and Kickoff of Assisted Living Week 2017 – Independent Living Entrance "See posted flyer for more details"
Monday, Sept. 11th at 2:00pm – Live Entertainment with Howard Meell – Assisted Living Dining Room
Tuesday, Sept. 12th at 2:00pm – Live Entertainment with George S. and Celebrate National Chocolate Milkshake Day – Memory Care Dining Room
Wednesday, Sept. 13th at 2:30pm – Live Entertainment with Craig M. and Wine and Cheese – Assisted Living Dining Room
Thursday, Sept. 14th at 10:30am – National Cream Filled Donut Day Social and at 11:00am – Creative Station: Ceramic Mini Leaf Bowls – Both Activities are in the Assisted Living Café
Friday, Sept. 15th at 2:30pm – Warm Apple Crisp Social – Assisted Living Café – End of Assisted Living Week Celebration

Thursday, Sept. 21st at 10:15am – Heritage Park: Petting Farm and Picnic Lunch Outing
Friday, Sept. 22nd at 2:00pm – First Day of Autumn Party with Live Entertainment by Balancing Earth – Independent Living Dining Room
Thursday, Sept. 28th at 2:00pm – September Birthday Party with Gail E. – Assisted Living Dining Room
Friday, Sept. 29th at 1:15pm – Plymouth Orchard and Cider Mill Outing

What’s Cooking?

Bite-Sized Strawberry Pinwheels
Prep: 15min. Bake: 15min. Serves: 6

Ingredients for Rolls:
- 1 tube crescent rolls
- 1 c. strawberry preserves
- 1 c. chopped strawberries
- 1 tbsp. melted butter
- Sugar for sprinkling

Ingredients for Glaze:
- 4 oz. cream cheese
- 4 tbsp. butter, softened
- 1 c. powdered sugar
- 1 tsp. pure vanilla extract
- 1 tbsp. lemon juice

Directions:
1. Preheat oven to 375 degrees and grease an 8x8 baking pan.
2. On a lightly floured surface, unroll dough and separate the sheet into 4 rectangles. Pinch the perforations to seal. Spread strawberry preserves onto each rectangle, then top with chopped strawberries. Starting with one short side, roll up each rectangle and pinch edges to seal. Cut each roll into 4 to 5 slices. Please side by side, cut side up in baking pan.
3. Brush tops with melted butter and sprinkle with sugar. Bake until golden, about 15 min.
4. Meanwhile, make glaze. In small bowl combine cream cheese, butter, powdered sugar, vanilla and lemon juice. Whisk until smooth.
5. Drizzle baked rolls with cream cheese glaze. Serve warm.

Resident Birthdays:
September 3rd – Kathleen D.
September 4th – Diane F.
September 5th – Ellie B.
September 12th – Isabel V.
September 13th – Sam R.
September 16th – Sadie K.
September 17th – Katie M.
September 28th – Margaret T.
September 29th – Paul C.

Associate Birthdays:
September 4th – Destiny W.
September 7th – Skyla T.
September 8th – Charite W.
September 9th – Amber L.
September 18th – Rupa R.
September 23rd – Eugenia D.
September 26th – Crystal C.
September 27th – Latrice R.
Executive Director Message:

Dear Waltonwood Residents and Families,

As I sit to write this I can feel fall in the air. The weather sure has been chilly these last few days. I would like to apologize for our flowers in our pots on the front porches. We have been watering them, but for some reason we do not have a green thumb this year! I will definitely do some research for next year before I purchase them.

The week of September 10th is National Assisted Living Week. We have a week full of fun activities for our residents and associates; and as always, we invite everyone from Independent Living to join us. We are kicking off the week on September 10th with our annual Family Fall Festival. This year’s festival will be bigger and better than any in the past! Everyone is invited, our residents, friends, associates, and families. We will be having great carnival food, a petting farm, many games, live entertainment, a dunking booth, and the fire department giving tours of their firetrucks and equipment. Please plan on joining us, this will be a great event for everyone!

As many of you may already know, Liala, our IL Activity Director, is leaving us for another job. Liala has been offered a position that is in her field of study. It is a great opportunity for her and we are very happy for her, but will miss her deeply! We will definitely be planning a going away party for her. More details to come on the party. Please take time to say goodbye to Liala and wish her well.

I hope everyone has a wonderful start to the Autumn season.

Take care,
Sherie

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Dear Friends,

This month we have a really great Lunch and Learn workshop on Friday, September 15th at noon. Lunch will be provided at no additional cost. We will have gift favors for attending and a raffle. Please make sure you RSVP at the front desk 734-981-5070, if you are interested in attending.

Michelle Sommers, LMSW, Geriatric Clinician, will be here to discuss the topic “Let’s All Try To Get Along”. Bullying does not just happen in school, it continues through life. This workshop will provide an awareness of how to recognize bullying behavior, characteristics of a perpetrator, characteristics of a victim and how to prevent being a target of unwanted behaviors. Hope to see you there for this important topic! Please feel free to invite your friends and family.

Sincerely,
Renee, Marketing Manager

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Welcome Home!

1020– Ellie B.  1031– Paul L.  1041– Don T.  Virginia B.