

NEWS RELEASE



For immediate release

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Touchmark to celebrate Active Aging Week with art, cultural events

Edmond, OK - Touchmark at Coffee Creek invites the public to commemorate Active Aging Week with art and cultural events.

Active Aging Week is Sept. 24 through 30 and celebrates the fact that older adults can live a full life in all areas, regardless of age or health conditions. It was initiated in 2003 by the International Council on Active Aging.

All events will take place at Touchmark, 2801 Shortgrass Road, Edmond.

Tuesday, September 26, 1 - 4 p.m.

Touchmark's Second Annual Resident and Family Art Show
Resident, family, and guest art will be on display.

Wednesday, September 27, 7:30 - 11 a.m.

Car Show and Hot Air Balloon Rides

Roll on over for a car show and tethered hot air balloon ride. The balloon rides are from 7:30 - 9 am, weather permitting, and the car show is from 8 - 11 am. Plan to stay for lunch afterward.

Thursday, September 28, 4:30 - 6:30 p.m.

Oktoberfest

This event will have all the fixings of a traditional Oktoberfest. Zero2Sixty will be playing the tunes, and the fire pit will be smoking traditional foods.

"Active Aging Week is a great time to explore new dimensions of wellness," says Touchmark Life Enrichment/Wellness Director Kelsey Wilson. "Research is showing that social activities are particularly important to our overall health, and each of these events offers a fun time with others."

Please call 405-340-1975 for more information.

Touchmark is part of the Coffee Creek 638-acre planned residential development, which includes recreational centers and walking and biking trails for Coffee Creek homeowners. A full-service retirement community, Touchmark at Coffee Creek offers a wide range of homes and lifestyle options. For more information, contact Touchmark at [405-340-1975](tel:405-340-1975) or visit TouchmarkEdmond.com.

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TOUCHMARK AT COFFEE CREEK
Full-service Retirement Community
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