

NEWS RELEASE



HEALTH & FITNESS CLUB

FOR IMMEDIATE RELEASE

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Touchmark announces Club manager

MERIDIAN, Idaho – Rebecca Vincen-Brown has been appointed manager of the Touchmark Health & Fitness Club, which was designed specifically for adults 50 years and older.

A Certified Functional Aging Specialist, she also holds an ACE personal training certification. She is currently earning her master's degree in Athletic Administration from Idaho State University, where she was an undergraduate and Track and Field athlete.

Previously, she worked at Touchmark as a Life Enrichment/Wellness Assistant and graduate teaching assistant at Idaho State.

About Touchmark Health & Fitness Club

The Touchmark Health & Fitness Club serves people 50 years and older. Members enjoy a range of classes, personal training, specialized equipment and training systems, heated indoor pool and more. Additional information is available at Touchmark.com.

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TOUCHMARK HEALTH & FITNESS CLUB

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