



For immediate release

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Touchmark to add early-stage Parkinson's support group

EDMOND, Okla. – People in the early stages of Parkinson's disease have a new support group specializing in discussion about methods to live their best life. The group, which is also open to caregivers, begins January 18 at Touchmark at Coffee Creek.

The group will continue to meet at 11 a.m. on the third Thursday of each month at Touchmark, located at 2801 Shortgrass Road in Edmond. It is the only group in the Edmond area for people with early stages of the disease.

There are an estimated 15,000 people living with Parkinson's disease in Oklahoma, according to the Parkinson's Foundation of Oklahoma, and the disease is the second most-common neurodegenerative disease (after Alzheimer's), affecting more than one million people in the United States.

Touchmark is part of the Coffee Creek 638-acre planned residential development, which includes recreational centers and walking and biking trails for Coffee Creek homeowners. A full-service retirement community, Touchmark at Coffee Creek offers a wide range of single-family and apartment homes and lifestyle options. For more information, contact Touchmark at 405-340-1975 or visit Touchmark.com.

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