



GABLES *of Ojai*

701 N Montgomery St • Ojai, CA 93023 • (805) 646-1446



Director's **Corner**

What a crazy couple of months it has been for us all here in Southern California, from the Thomas Fire to the Montecito mudslides. When disasters like this happen, it makes me reflect on what is really important in life. In our busy lives we sometimes get caught up in petty things; the minutiae of life. But what really matters is our loved ones, family and friends.

It has been a difficult couple of months for me personally, due to ill health. I want to thank everyone for their kind thoughts and messages of support. It really meant a lot to me. And I especially want to thank the amazing Gables staff. Not only did they keep the place running to its usual high standards, but they also successfully evacuated over 40 Residents, still maintaining our loving care.

The good news is that I feel great and have the spring back in my step. I feel grateful for good health. But mostly, I am happy that no Residents, Staff or family members lost their lives in these disasters. I love you all.

David Scarlett, Executive Director

February 2018

“OJAI STRONG” PARTY

As a way of celebrating the fact that our little town survived the Thomas Fire, we will be hosting an **“Ojai Strong” Party on Friday the 9th at 4:30pm**. We are hoping to be joined by some of the wonderful First Responders who worked so hard to protect life and property. Please invite friends and family too.



On the second night of the Thomas Fire, I evacuated with my dog and spent an uncomfortable night in my car at the Ventura Fairgrounds. I took this photo the following morning, looking back towards Ojai, and the plume of smoke, from the beach. David



FEBRUARY

- 1 John Ward
- 6 Jeanne Keyser
- 18 Lynne Day
- 27 Bobby Castren



Meet Sandy Myers-Helm!

Sandy is one of our fantastic hair stylists at our Beauty Shop. Appointments available by contacting The Gables' Front Desk.




Lumi and Dorothea enjoy our wonderful Staff Appreciation Christmas party. Thank you Residents for your generosity.



On St. Valentine's Day, share your "Love Stories" with your friends.

Sunday	Monday	Tuesday
		<p>Location Key CH Clubhouse L Main Lounge MDR Main Dining Room RG Rose Garden</p>
<p>"Detroit" 4 9:00-12:00 Church Drives</p> <p>1:30 New Movie Matinee: "Detroit" starring John Boyega, about the 1967 Detroit Unrest - 143 mins. (CH)</p> <p>3:00 Board Games 'N Card Games (L)</p>	<p>Chef Chat 5 8:45 Get Fit while you Sit (L)</p> <p>11:00 Knuts for Knitting (CH)</p> <p>1:30 Chef Chat w/Salvador & David - come & share your views & ideas on Gables Cuisine (L)</p>	<p>"Shopping at the Rose" 6 8:45 Gables Walking Club (CH) 9:30 Shopping at the Rose: a trip to Oxnard including Walmart (SU)</p> <p>12:45 "Green" Quiz</p> <p>1:30 Green Movie: "Fried Green Tomatoes" starring Jessica Tandy and Kathy Bates - 136 Mins. (CH)</p>
<p>"Victoria & Abdul" 11 9:00-12:00 Church Drives</p> <p>1:30 New Movie Matinee: "Victoria & Abdul" starring Dame Judi Dench, about an Indian clerk's friendship with Queen Victoria - 111 mins. (CH)</p> <p>3:00 Board Games 'N Card Games (L)</p>	<p>"Scarlett Family History" 12 8:45 Get Fit while you Sit (L)</p> <p>11:00 Knuts for Knitting (CH)</p> <p>1:30 "Scarlett Family History" w/David: come and find out all the wild stories and scandal in David's family (L)</p>	<p>"Mardi Gras" 13 8:45 Gables Walking Club (CH) 12:30 Mardi Gras Dinner</p> <p>12:45 "Red" Quiz</p> <p>1:30 Red Movie: "Red River" starring John Wayne & Montgomery Clift - 133 Mins. (CH)</p>
<p>"Battle of the Sexes" 18 9:00-12:00 Church Drives</p> <p>1:30 New Movie Matinee: "Battle of the Sexes" starring Emma Stone and Steve Carell, about the famous 1973 tennis match - 121 mins. (CH)</p> <p>3:00 Board Games 'N Card Games (L)</p>	<p>Presidents Day! 19 8:45 Get Fit while you Sit (L)</p> <p>11:00 Knuts for Knitting (CH)</p> <p>1:30 "A Lighthearted Tribute to our Presidents" - on Presidents Day, let's celebrate all of our Presidents from Washington to Trump (L)</p>	<p>"Lincoln" 20 8:45 Gables Walking Club (CH)</p> <p>12:45 "Presidents" Quiz</p> <p>1:30 Presidents Movie: "Lincoln" starring Daniel Day-Lewis & Sally Field - 150 mins. (CH)</p>
<p>"Loving Vincent" 25 9:00-12:00 Church Drives</p> <p>1:30 New Movie Matinee: "Loving Vincent" about Vincent Van Gogh. This is the 1st movie where each frame was hand painted in oils - 95 mins. (CH)</p> <p>3:00 Board Games 'N Card Games (L)</p>	<p>Fire Drill 26 8:45 Get Fit while you Sit (L)</p> <p>11:00 Knuts for Knitting (CH)</p> <p>1:30 Fire Drill - join Craig and the managers as everybody practices our Fire Drill...just in case (MDR)</p>	<p>"She Wore a Yellow Ribbon" 27 8:45 Gables Walking Club (CH)</p> <p>12:45 "Yellow" Quiz</p> <p>1:30 Yellow Movie: "She Wore a Yellow Ribbon" starring John Wayne - 103 mins. (CH)</p>

Wednesday	Thursday	Friday	Saturday
	Resident Council Meeting 1 8:45 Gables Walking Club (CH) 1:30 Resident Council Meeting with David: share your thoughts about activities and more & find out the latest Gables News (L)	Green Happy Hour 2 9:20 Reach w/Rob (L) 10:00 Watercolors with Patty Van Dyke (CH) 4:30 "Green" Happy Hour - let's try some "Green" cocktails like Appletinis and Mojitos (L)	"The Color Purple" 3 9:15 Nature Walk (RG) 1:30 Movie: "The Color Purple" starring Whoopi Goldberg, Danny Glover and Oprah Winfrey - 153 mins. (CH)
Mending with Heidi 7 8:45 Seated Stretch w/Rob (L) 10:00 Mending with Heidi: come bring your minor repairs for Heidi to try to make whole again! (L) 3:30 Gables Cardsharks (L)	Safety Talk With Craig 8 8:45 Gables Walking Club (CH) 11:00 Episcopal Church Service (L) 1:30 Safety Talk with Craig - join Craig as he talks about all things Safety at the Gables (L)	"Ojai Strong Party" 9 9:20 Reach w/Rob (L) 10:00 Art With Marta (CH) 4:30 "Ojai Strong Party" - Residents, Staff, Townies, Families & Friends enjoy refreshments and good company as we share stories about the Thomas Fire (L)	"How Green Was My Valley" 10 9:15 Nature Walk (RG) 1:30 Green Movie: "How Green Was My Valley" starring Walter Pidgeon and Maureen O'Hara - 118 mins. (CH)
St Valentine's Day! 14 8:45 Seated Stretch w/Rob (L) 1:30 "Love Stories": share our Stories of Love on the most romantic (expensive) day of the Year! (L) 3:30 Gables Cardsharks (L)	Ojai's Mayor Talk 15 8:45 Gables Walking Club (CH) 1:30 "What's the Buzz in Ojai?" with Ojai's Mayor, Johnny Johnston - (L) 3:30 "Strawberry Tasting" - join your friends as we try different treats made with Strawberries (L)	Red Happy Hour 16 9:20 Reach w/Rob (L) 10:00 Watercolors with Patty Van Dyke (CH) 4:30 "Red" Happy Hour - let's indulge in some "Red" cocktails like Cosmopolitans and Manhattans (L)	"The Scarlet Pimpernel" 17 9:15 Nature Walk (RG) 1:30 Red Movie: "The Scarlet Pimpernel" starring Leslie Howard and Merle Oberon - 95 mins. (CH)
Trader Joe's & 99¢ Store 21 8:45 Seated Stretch w/Rob (L) 1:30 Shopping Trip: Trader Joe's & 99¢ Store - Sign up for our monthly Shopping Trip to Ventura (SU) 3:30 Gables Cardsharks (L)	Residents' "Blue" Social 22 8:45 Gables Walking Club (CH) 3:30 Residents' "Blue" Social - come enjoy the company of friends as we snack on "Blue" refreshments (L)	Blue Happy Hour 23 9:20 Reach with Rob (L) 10:00 Art With Marta (CH) 4:30 "Blue" Happy Hour: come try some "Blue" cocktails like Blue Lagoons and Coconut Blue Hawaiians (L)	"Birth of the Blues" 24 9:15 Nature Walk (RG) 1:30 Blue Movie: "Birth of the Blues" starring Bing Crosby and Mary Martin - 87 mins. (CH)
Beading with Heidi 28 8:45 Seated Stretch w/Rob (L) 10:00 Beading with Heidi: create beaded necklaces and more & have a good chat! (L) 3:30 Gables Cardsharks (L)			

February 2018

A MONTH FULL OF "COLORS"

In February, we will be celebrating colors with a different color represented each week, plus much more.

Green Week - On the 6th, we have a **Green Quiz** and the movie, "**Fried Green Tomatoes**" while on the 9th, we have an "**Ojai Strong**" Party to reflect on the Thomas Fire and to thank those that defended our community. We also have a Safety Talk with Craig, a trip to Walmart and Chef Chat.

Red Week - I will talk about "**The Scarlett Family History**" on the 12th, and have a **Red Quiz** and the movie "**Red River**" on the 13th. On Valentine's Day we will celebrate **Love Stories** followed the next day by **Strawberry Tasting**, and a **Red Happy Hour** on the 16th. We also have a Mardi Gras Dinner and the Mayor of Ojai, Johnny Johnston visiting.

Blue Week - The 22nd brings us a "**Blue**" Residents' Social whilst the 23rd gives us a chance to indulge in some **Blue Cocktails**, followed on the 24th by the movie, "**The Birth of the Blues.**" We also have a "Tribute to our Presidents" on Presidents Day and a Trader Joe's/99¢ Store trip on the 21st.

There's lots more to do and chances to try something new, so don't be blue, try a different hue!

David

