



# PARSONS HOUSE PRESTON HOLLOW

4205 W. Northwest Hwy. • Dallas, TX 75220 • (214) 357-7900

## March 2018

### HAPPY BIRTHDAY!

03/01	Rita Moles
03/01	Meseret Zegeye
03/04	Robert Washington
03/09	Jim Moore
03/11	Azucena Ruiz
03/13	Carol Ortega
03/25	Pete McMakin
03/27	Sarah Lowe

### Welcome Spring

*The first day of spring marks the spring equinox, when the sun shines directly on the Earth's equator, and the length of night and day are nearly equal.*



*The Super Bowl Tailgate Party was such a fun time for the residents and family!!*

### Positive Thought

*"An optimist is the human personification of spring." —Susan J. Bissonette*



*Residents enjoying the trip to the Mary Kay Museum.*



*Dorothy Gipson's younger sister, Jennie Martin, & her niece, Cheryl Winters, came from Archer City, Texas to visit her on Valentine's Day!*



Sunday

Monday





Tuesday

Wednesday

Thursday

Friday

Saturday

				<p>1</p> <p>10:00 <b>ER</b> Exercise 10:45 <b>ER</b> Balloon Toss 2:30 <b>DR</b> Bingo 4:00 <b>DR</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>	<p>2</p> <p>10:00 <b>ER</b> Manicures 11:00 <b>ER</b> Shoulder Massage 2:30 <b>ML</b> Entertainment with David Callahan 3:45 <b>ML</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>	<p>3</p> <p>10:00 <b>ER</b> Sit &amp; Be Fit 11:30 <b>ER</b> Brain Game 2:30 <b>DR</b> Bingo 4:00 <b>ML</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>
<p>4</p> <p>10:00 <b>ER</b> Chair Exercise 10:45 <b>ER</b> Sing &amp; Scripture 2:30 <b>MT</b> Afternoon Movie 3:30 <b>ML</b> Bingo 6:30 <b>ML</b> Rummikub</p>	<p>5</p> <p>10:00 <b>ER</b> Sit &amp; Be Fit 10:45 <b>ER</b> Brain Game 2:30 <b>MT</b> For Love &amp; Art 3:30 <b>DR</b> Bingo 4:30 <b>ML</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>	<p>6</p> <p>9:45 <b>ML</b> Walmart 10:00 <b>ER</b> Exercise with Liza 11:00 <b>ER</b> Devotional with Ron &amp; Nancy 2:30 <b>ML</b> Root Beer Float 3:00 <b>ML</b> Dominoes 4:15 <b>ML</b> Walk-N-Talk</p>	<p>7</p> <p>10:00 <b>ER</b> Chair Exercise 10:30 <b>ER</b> Communion with St. Monica Catholic Church 11:00 <b>ML</b> Out Trip To Dallas Zoo 1:30 <b>ML</b> Destination Ride Downtown Dallas 2:30 <b>MT</b> Movie &amp; Popcorn 6:30 <b>ML</b> Rummikub</p>	<p>8</p> <p>10:00 <b>ER</b> Exercise 10:45 <b>ER</b> Balloon Toss 2:30 <b>DR</b> Bingo 4:00 <b>DR</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>	<p>9</p> <p>10:00 <b>ER</b> Manicures 10:30 <b>ML</b> Birthday Party with Two-R-More 11:00 <b>ER</b> Shoulder Massage 3:45 <b>ML</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>	<p>10</p> <p>10:00 <b>ER</b> Sit &amp; Be Fit 10:30 <b>ML</b> Mary Kay Day 2:30 <b>DR</b> Bingo 4:00 <b>ML</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>
<p>11</p> <p>10:00 <b>ER</b> Chair Exercise 10:45 <b>ER</b> Sing &amp; Scripture 2:30 <b>MT</b> Afternoon Movie 3:30 <b>ML</b> Bingo 6:30 <b>ML</b> Rummikub</p>	<p>12</p> <p>10:00 <b>ER</b> Sit &amp; Be Fit 10:45 <b>ER</b> Brain Game 2:30 <b>DR</b> Gardening 3:30 <b>DR</b> Bingo 4:30 <b>ML</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>	<p>13</p> <p>9:45 <b>ML</b> Walmart 10:00 <b>ER</b> Exercise with Liza 11:00 <b>ER</b> Devotional with Ron &amp; Nancy 2:30 <b>MT</b> Town Hall Meeting with Suzy &amp; Jose 3:30 <b>MT</b> TV Show Time 4:15 <b>ML</b> Walk-N-Talk</p>	<p>14</p> <p>10:00 <b>ER</b> Chair Exercise 10:30 <b>ER</b> Communion with St. Monica Catholic Church 1:30 <b>ML</b> Destination Ride Lakeside Park 2:30 <b>MT</b> Movie &amp; Popcorn 6:30 <b>ML</b> Rummikub</p>	<p>15</p> <p>10:00 <b>ER</b> Exercise 10:45 <b>ER</b> Balloon Toss 2:30 <b>DR</b> Bingo 4:00 <b>DR</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>	<p>16</p> <p>10:00 <b>ER</b> Manicures 11:00 <b>ER</b> Shoulder Massage 2:30 <b>ML</b> Birthday Party with Tony Passacantando 3:45 <b>ML</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>	<p>17</p> <p>10:00 <b>ER</b> Sit &amp; Be Fit 11:30 <b>ER</b> Brain Game 1:00 <b>ML</b> New Day Outreach Ministry 2:30 <b>DR</b> St. Patrick's Day Happy Hour with Sherry Etzel 4:00 <b>ML</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>
<p>18</p> <p>10:00 <b>ER</b> Chair Exercise 10:45 <b>ER</b> Sing &amp; Scripture 2:30 <b>MT</b> Afternoon Movie 3:00 <b>ML</b> Paws to Care - Hollywood the Therapy Dog 3:30 <b>ML</b> Bingo 6:30 <b>ML</b> Rummikub</p>	<p>19</p> <p>10:00 <b>ER</b> Sit &amp; Be Fit 10:45 <b>ER</b> Brain Game 2:30 <b>MT</b> For Love &amp; Art 3:30 <b>DR</b> Bingo 4:30 <b>ML</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>	<p>20</p> <p>9:45 <b>ML</b> Walmart 10:00 <b>ER</b> Exercise with Liza 11:00 <b>ER</b> Devotional with Ron &amp; Nancy 2:30 <b>MT</b> Kitchen Passport -- Flan 3:00 <b>MT</b> TV Show I Love Lucy 4:15 <b>ML</b> Walk-N-Talk 5:00 <b>DR</b> Family Night</p>	<p>21</p> <p>10:00 <b>ER</b> Chair Exercise 10:30 <b>ER</b> Communion with St. Monica Catholic Church 11:00 <b>ML</b> Out Trip To Gallery Mall 1:30 <b>ML</b> Destination Ride Kidd Spring Park 2:30 <b>MT</b> Movie &amp; Popcorn 6:30 <b>ML</b> Rummikub</p>	<p>22</p> <p>10:00 <b>ER</b> Exercise 10:45 <b>ER</b> Balloon Toss 2:30 <b>DR</b> Bingo 4:00 <b>DR</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>	<p>23</p> <p>10:00 <b>ER</b> Manicures 11:00 <b>ER</b> Shoulder Massage 2:30 <b>ML</b> Welcome New Resident with Don Wall 3:45 <b>ML</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>	<p>24</p> <p>10:00 <b>ER</b> Sit &amp; Be Fit 11:30 <b>ER</b> Brain Game 2:30 <b>DR</b> Bingo 4:00 <b>ML</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>
<p><b>Palm Sunday</b> 25</p> <p>10:00 <b>ER</b> Chair Exercise 10:45 <b>ER</b> Sing &amp; Scripture 2:30 <b>MT</b> Afternoon Movie 3:30 <b>ML</b> Bingo 6:30 <b>ML</b> Rummikub</p>	<p>26</p> <p>10:00 <b>ER</b> Sit &amp; Be Fit 10:45 <b>ER</b> Brain Game 2:30 <b>DR</b> Arts &amp; Crafts 3:30 <b>DR</b> Bingo 4:30 <b>ML</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>	<p>27</p> <p>9:45 <b>ML</b> Walmart 10:00 <b>ER</b> Exercise with Liza 11:00 <b>ER</b> Devotional with Ron &amp; Nancy 2:30 <b>MT</b> Life Stories with Ginger 4:15 <b>ML</b> Walk-N-Talk</p>	<p>28</p> <p>10:00 <b>ER</b> Chair Exercise 10:30 <b>ER</b> Communion with St. Monica Catholic Church 1:30 <b>ML</b> Destination Ride Love Field 2:30 <b>MT</b> Movie &amp; Popcorn 6:30 <b>ML</b> Rummikub</p>	<p>29</p> <p>10:00 <b>ER</b> Exercise 10:45 <b>ER</b> Balloon Toss 2:30 <b>DR</b> Bingo 4:00 <b>DR</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>	<p><b>Good Friday</b> 30</p> <p>10:00 <b>ER</b> Manicures 11:00 <b>ER</b> Shoulder Massage 2:30 <b>ML</b> Welcome New Resident with Richard Palomino 3:45 <b>ML</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>	<p><b>Passover</b> 31</p> <p>10:00 <b>ER</b> Sit &amp; Be Fit 11:30 <b>ER</b> Brain Game 2:30 <b>DR</b> Bingo 4:00 <b>ML</b> Walk-N-Talk 6:30 <b>ML</b> Rummikub</p>



*March 2018*



*Residents enjoy songs and refreshments on Valentine's Day.*

