



Rebecca Vincen-Brown

**Manager
Touchmark Health & Fitness Club**

Rebecca (Becca) manages all aspects of the Club, which offers an extensive array of programs and classes to residents of Touchmark at Meadow Lake Village as well as members of the broader community who are 50 years and older.

Becca is currently earning her master’s degree in Athletic Administration from Idaho State University, where she was an undergraduate and Track and Field athlete. Previously, she worked at Touchmark as a Life Enrichment/Wellness Assistant and graduate teaching assistant at Idaho State.

Becca has taught a number of physical fitness programs, including boot camps, swimming, running, and table tennis. She is a Certified Functional Aging Specialist and holds an ACE personal training certification.

Away from work, Becca and her husband enjoy their three animals, backpacking, trail running, mountain biking, snowboarding, scuba diving, and gardening. She has been participating in athletics since she was 3 years old.