

New Fish at The Pond



Welcome our New Residents:

Top: Glenn & Mary Ann McAllister
Bottom: Dorothy Strupp

Are you unclear about how things work?
Do you know your laundry day?
Or where to go for BINGO?

Come meet the department managers
and take a tour with the Activities Staff.
Get an insiders perspective from
seasoned residents.

New Resident Orientation

Wednesday May 16th, 2018

**10:30 am |
The Performing Arts Room**

May Birthdays

In astrology, those born between May 1–20 are Taurus' Bulls. Bulls are hardworking, ambitious, honest, and dedicated to finishing tasks with a dogged persistence. Once the work is done, a Taurus expects to enjoy the fruits of their labor. Those born between May 21–31 are Gemini's Twins. They have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends.

Residents:

- May 04 - Max Williamson # 104
- May 10 - Marie Thomas # 89
- May 14 - Mary Lou Nadler # 33
- May 15 - Timothy Armstrong # 44
- May 27 - Louise Morgan # 65
- May 30 - Jack Barnes # 83

Staff:

- May 12 - Misty Wilson | Care Staff
- May 23 - Russell Thomas | Maintenance



Travel + Nature Club Presents:

KIYO'S STORY

Monday, May 7th

10:00 AM

Performing Arts Room

It was a typical day of chores on the family farm near today's Mather Field. Kiyoko was 19 years old. The day was innocent. For the rest of America, it was Dec. 7th, 1941 - the day the Empire of Japan bombed Pearl Harbor.

Join us for the remarkable story of an American Family.

Golden Pond

MAY 2018
Golden Pond

Golden Pond Senior Living · Sacramento, CA · (916) 369-8967 · RCFE # 347000985

Celebrating May

Global Health and Fitness Month

May Day

May 1

Food Committee & Resident's Forum

May 2

Battle of Puebla Day/Cinco de Mayo

May 5

Travel + Nature Club Presents

Kiyo Sato

May 7

Mother's Day Brunch

May 13

Travel Tales: San Francisco

May 18

May Birthday Celebration with Tim Duran

May 23

Old Sac Lunch Trip

May 25

Memorial Day (U.S.)

May 28



Celebrate this joyous occasion with your family and friends. This year we're having an outdoor musical celebration by the exceptionally entertainment of Susanne & Paul.

First Seating - 11 am | Dining Room
Second Seating - 12:30 pm | Dining Room

Entertainment with Susanne & Paul
11 am - 1 pm | Gazebo/ Lawn Area

RSVP by May 7th, 2018



**SATURDAY, MAY 5TH, 2018
9AM - 2PM**

LOCAL ARTIST, JEWELRY MAKERS, & MORE

CASH ONLY EVENT

Mother May I?



Sunday, May 13 is Mother's Day in the United States, Australia, and Canada. In Mexico, *Dia de las Madres* is Thursday, May 10. In France, *La Fête des Mères* is Sunday, May 27. After Christmas and Easter, Mother's Day is the third-most celebrated holiday in the world, but the way mothers are honored differs from place to place.

In the United States, the most typical gift given to mom is a Mother's Day card and flowers. It may come as no surprise that the vast majority of Mother's Day cards—80% in fact—are not bought by men but by women. A mother's job is never done, it seems, not even on Mother's Day.

Mother's Day wasn't always celebrated by buying cards, flowers, chocolates, and jewelry. It was Anna Jarvis who fought to establish the national holiday. Jarvis was inspired largely by her own mother, who had organized "Mother's Day work clubs," where women would tend to soldiers wounded during the Civil War and tackle problems that led to infant mortality. Indeed, Jarvis proposed Mother's Day as a day to honor women like her mother, who had played greater political roles for the benefit of society. She was disgusted when her holiday turned into a commercial bonanza for those hawking flowers and candy. Jarvis spent her life fighting what Mother's Day had become.

In most countries, Mother's Day is celebrated by showering gifts and attention on mom. In Mexico, it is tradition on *Dia de las Madres* to serenade mom in the morning before church and then prepare dinner for her. France's *La Fête des Mères* originated as a way for the French government to honor the mothers of large families with a gold medal. It was a means to encourage French women to have more children and repopulate the country after World War I. By the 1950s, consumer appeal and a rising birth rate transformed the holiday into one more commercially aligned with the United States. And why not take one day out of the year to recognize.

Elections for Resident Council

One of the best ways to improve the care of an organization is to participate in a resident council. A resident council is an organized group of residents who meet regularly to discuss and address concerns about their rights, quality of care, and quality of life. Resident council allows its members to meet without facility staff to share concerns, offer solutions, and provide mutual support. All residents are welcome to participate.

Residents interested in a leadership role for the council should submit a brief written bio about yourself and why you're a good candidate.

Bios will be included in June's Newsletter.

The deadline for submission is May 23rd, 2018

The Fine Arts Club Presents



Derek Luscutoff is Back!

We're excited to showcase another Classical Piano Performance by this talented musician. Derkek performs professionally in New York City and has toured Europe. He brings professionalism and enthusiasm to every event.

Saturday, May 19th

2:45 pm - Reception

3:15 pm - Program

Performing Arts Room

Hair Salon

Salon Hours:

Thursdays 9:00 AM - 4:00 PM

Fridays 9:00 AM - 12:00 PM

Saturdays 9:00 AM - 5:00 PM

The Salon is available by appointment.

Contact Sarah (916) 523-3992

Schedule your appointment today.

Care Services

Have a compliment for a caregiver or suggestion for the Care Department?

Please contact the Director of Care, Angie Price.

Kitchen/ Bistro

Do you have questions regarding the dining room? Food suggestions?

Please join us for our monthly Food Committee meeting on Wednesday, May 2nd in the Friends & Family Room (located above the dining room) Across from the Pub. Meeting starts at 10:00a.m.

Housekeeping Need to reschedule your housekeeping day?

A note from Lorine Ricardos (Laundry & Housekeeping Supervisor), please store your medication and valuables in the lock cabinets in your kitchen. If you have any questions, please contact her at the main office.

Maintenance

Need a light bulb changed?

Have a broken blind?

Misplaced your keys?

Please call the front office so they may write it in the Maintenance log.

Military Photos

In honor of all our Residents that have served in our military; We are having a "Wall of Honor" In our Performing Arts Room. If you would like to share a picture please go to the office so they can make a copy of it, please write what military branch and years served. Thank you for your service.

Transportation

Have an upcoming Appointment? Golden Pond provides five days of transportation. Please contact Leon, at 916.586.4796.

We Love Referrals!!!

Did you know that Golden Pond loves referrals? Refer Golden Pond to a friend or family member, and Golden Pond will provide a credit of \$750.00 to you!

Meet with Tracy, our Marketing Director, about our referral program.