



Destiny Glaser

Life Enrichment/Wellness Director
Touchmark on West Century

As Life Enrichment/Wellness Director, Destiny is responsible for overseeing Touchmark’s award-winning Full Life Wellness & Life Enrichment Program™ at the full-service retirement community. Using the seven dimensions of wellness—Emotional, Environmental, Intellectual, Occupational, Spiritual, and Social—she helps people identify their strengths, skills, needs, and goals to help them lead happy, healthy, and full lives.

Destiny brings a broad and creative background to her position and has a long history of working with people who have physical or intellectual disabilities, at-risk children, and in education. Prior to Touchmark, she worked as the Communications Coordinator for Project Armchair, an organization of certified educators who volunteer to read to children in crises, such as those hospitalized or homeless. She continues to volunteer her time as the organization’s Communications Coordinator. Destiny also spent four years with Hit, Inc., a nonprofit providing support services for those with disabilities.

She attended the University of Mary in Bismarck, North Dakota. There, she was a four-year college athlete, NSIC All-Academic Team member, and graduated cum laude. In 2016, Destiny also authored a paper chosen for C STAND’s “Pearl of Wisdom” Conference.

Outside of work, Destiny enjoys playing and coaching soccer, reading and writing poetry, playing trivia with friends, and spending time with her fiancé Mason.