



GABLES *of Ojai*

701 N Montgomery St • Ojai, CA 93023 • (805) 646-1446



Director's Corner

The 25th marks the 100th anniversary of the birth of the great composer Leonard Bernstein. Bernstein could compose music in any genre, but was best known for writing the film scores to *On the Town*, *On the Waterfront* and, of course, *West Side Story*.

The power of music cannot be underestimated. It can make us smile, cry, and most importantly of all, evoke memories. Songs remind us of people, places, love and heartache. Some people with memory loss cannot remember what they ate for lunch, but play them a song from 60 years ago and they remember the lyrics and the tune.

Music is an important part of my life. The first thing I do when I get home is put on some music. I cannot listen without singing along and dancing. So turn off your TV, listen to some music and enjoy.

"When words fail, music speaks" - Hans Christian Andersen

David

August 2018



Upcoming Events

- | | |
|-------------|--------------------------------|
| August 1st | Music By The Redwing Band |
| August 2nd | Ben Franklin & Local Bank Trip |
| August 6th | Walmart Trip off Rose |
| August 8th | Music By The Redwing Band |
| August 9th | Mary Kay (Alicia Bankston) |
| August 15th | Resident Council |
| August 20th | Dinner and a Movie |
| August 29th | Picnic in the park with Kelley |
| August 30th | Music by Keith Bush |



- 5 Elaine Glancy
- 15 Virginia Bougas
- 16 Fran Love
- 23 Lorraine Finch
- 23 Robert Silva
- 28 Jeanne Mitchell
- 30 Georgia Hale



Fran, Jean and the ladies enjoying the sun at our Family Summer Party.



Kay Palmer enjoying her family & our Summer Party.



The Guys - Paul, John, and Don sitting in the Rose Garden enjoying BBQ.



| Sunday | Monday | Tuesday |
|---|--|---|
| <i>August</i> | | |
| I Can Only Imagine 5 9:00 - 12:00 Church Drives 1:30 New Movie Matinee: "I Can Only Imagine" Starring: J. Michael Finley, Madeline Carroll, Dennis Quaid (120 Mins.) (CH) 3:30 Board Games 'N Card Games (L) | Beading With Pam 6 9:20 Get Fit While You Sit W/Pam Moore (L) 10:30 Come on Out and Enjoy the Beading Bonanza With Pam Moore (CH) 1:30 Craft Corner With Juan (CH) 3:30 Board Games 'n Card Games (L) | Ventura Fair 7 8:30 Gables Walking Club (CH) 9:30 Trip to the Ventura County Fair (SU) 12:45 "Finish the Phrase" Quiz (MDR) 1:30 Movie "12 Strong" Starring: Chris Hemsworth, Michael Shannon, Michael Peña (120 Mins.) (CH) |
| A Wrinkle in Time 12 9:00 - 12:00 Church Drives 1:30 New Movie Matinee: "A Wrinkle in Time" Starring: Storm Reid, Oprah Winfrey, Reese Witherspoon. (119 Mins.) (CH) 3:30 Board Games 'N Card Games (L) | Craft Corner 13 9:20 Get Fit While You Sit W/Pam Moore (L) 1:30 Craft Corner With Juan (CH) 3:30 Super Scrabble & Snow Cones With Kelley (CH) | Rite Aid Trip 14 8:30 Gables Walking Club (CH) 9:45 Rite Aid Trip to Pick Up the Essentials (SU) 12:45 "Finish the Phrase" Quiz (MDR) 1:30 Movie "Father Figures" Starring: Owen Wilson, Ed Helms, Glenn Close (120 Mins.) (CH) |
| Midnight Sun 19 9:00 - 12:00 Church Drives 1:30 New Movie Matinee: "Midnight Sun" Starring: Bella Thorne, Patrick Schwarzenegger, Rob Riggle (91 Mins.) (CH) 3:30 Board Games 'N Card Games (L) | Dinner and a Movie 20 9:20 Get Fit While You Sit W/Pam Moore (L) 10:30 Dinner and a Movie W/ Kelley @ The Collection in Oxnard (SU) 1:30 Craft Corner With Juan (CH) 3:30 Board Games 'n Card Games (L) | Barnes & Noble 21 8:30 Gables Walking Club (CH) 9:30 Barnes & Noble Trip-Bring Your Bags and Pick Out Some Books (SU) 12:45 "Finish the Phrase" Quiz (MDR) 1:30 Movie "The Commuter" Starring: Liam Neeson, Vera Farmiga, Patrick Wilson (115 Mins.) (CH) |
| Vacation 26 9:00 - 12:00 Church Drives 1:30 New Movie Matinee: "Vacation" Starring: Ed Helms, Christina Applegate, Skyler Gisondo (99 Mins.) (CH) 3:30 Board Games 'N Card Games (L) | Craft Corner 27 9:20 Get Fit While You Sit W/Pam Moore (L) 1:30 Craft Corner With Juan (CH) 3:30 Bocce Ball and Banana Splits With Kelley and Juan (RG) | Trader Joe's & 99 Cent Store 28 8:30 Gables Walking Club (CH) 9:30 Trader Joes & 99 Cent Store in Ventura (SU) 12:45 "Finish the Phrase" Quiz (MDR) 1:30 Movie "The Escape of Prisoner 614" Starring: Ron Perlman, Martin Starr, Jake McDorman (97 Mins.) (CH) |

| Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|
| <p>Redwing Band 1</p> <p>8:45 Seated Stretch W/Rob (L)</p> <p>1:30 Music With Sandi & Jeffery From the Redwing Band (L)</p> <p>3:30 Board Games 'N Card Games (L)</p> | <p>Swim Club 2</p> <p>8:30 Gables Walking Club (CH)</p> <p>9:30 Outing to Ben Franklin and the Local Ojai Banks W/ Kelley (SU)</p> <p>3:30 Swim Club (L)</p> | <p>Resident Council 3</p> <p>9:20 Reach With Rob (L)</p> <p>10:00 Art: "Watercolors With Gayel" (CH)</p> <p>1:30 Resident Council Chat W/David & Kelley: Come Share Your Thoughts About Activities & Find Out the Latest Gables News (L)</p> <p>5:00 Happy Hour (L)</p> | <p>Hello My Name Is Doris 4</p> <p>9:15 Nature Walk (RG)</p> <p>1:30 Movie Matinee: "Hello My Name Is Doris" Starring: Sally Field, Max Greenfield, Tyne Daly (90 Mins) (CH)</p> <p>3:30 Board Games 'N Card Games (L)</p> |
| <p>Redwing 8</p> <p>8:45 Seated Stretch W/Rob (L)</p> <p>1:30 Music With Sandy & Jeffery From the Redwing Band (L)</p> <p>3:30 Board Games 'N Card Games (L)</p> | <p>Mary Kay 9</p> <p>8:30 Gables Walking Club (CH)</p> <p>11:00 Episcopal Church Service (L)</p> <p>1:30 Mary Kay With the Wonderful Alicia Bankston (L)</p> <p>3:30 Swim Club</p> | <p>Chef Chat 10</p> <p>9:20 Reach With Rob (L)</p> <p>10:00 Art: "Watercolors With Evelyn Edwards" (CH)</p> <p>1:30 Chef Chat W/ Salvador & David-Please Come and Share Your Views and Ideas on Cuisine at the Gables. (L)</p> <p>5:00 Happy Hour (L)</p> | <p>Zootopia 11</p> <p>9:15 Nature Walk (RG)</p> <p>1:30 Movie Matinee: "Zootopia" Starring: Ginnifer Goodwin, Jason Bateman, Idris Elba (108 Mins) (CH)</p> <p>3:30 Board Games 'N Card Games (L)</p> |
| <p>Sing-a-Long 15</p> <p>8:45 Seated Stretch W/Rob (L)</p> <p>1:30 Come on Out and Sing-a-long to Some Peaceful Tunes With David and Kelley (L)</p> <p>3:30 Board Games 'N Card Games (L)</p> | <p>Mayor Johnny 16</p> <p>8:30 Gables Walking Club (CH)</p> <p>1:30 Ojai's Mayor Johnny Johnston - What's the Buzz in Ojai? (L)</p> <p>3:30 Swim Club (L)</p> | <p>Jenga and Jungle Juice 17</p> <p>9:20 Reach With Rob (L)</p> <p>10:00 Art: "Watercolors With Evelyn Edwards" (CH)</p> <p>1:30 Come Join the Fun (Jenga and Jungle Juice) With Juan (L)</p> <p>5:00 Happy Hour (L)</p> | <p>Miracles From Heaven 18</p> <p>9:15 Nature Walk (RG)</p> <p>1:30 Movie Matinee: "Miracles From Heaven" Starring: Jennifer Garner, Kylie Rogers, Martin Henderson (100 Mins) (CH)</p> <p>3:30 Board Games 'N Card Games (L)</p> |
| <p>Field Trip 22</p> <p>8:45 Seated Stretch W/Rob (L)</p> <p>1:30 Field Trip to the Ojai Valley Museum With Kelley TBA (SU)</p> <p>3:30 Board Games 'N Card Games (L)</p> | <p>Walmart Trip 23</p> <p>8:30 Gables Walking Club (CH)</p> <p>9:30 Walmart Trip-Shopping at the Rose in Oxnard (SU)</p> <p>3:30 Swim Club (L)</p> | <p>Bingo and Bon Bons 24</p> <p>9:20 Reach With Rob (L)</p> <p>10:00 Art: "Watercolors With Marta Nelson" (CH)</p> <p>1:30 Bingo and Bon Bons Bash With Juan (L)</p> <p>5:00 Happy Hour (L)</p> | <p>London Has Fallen 25</p> <p>9:15 Nature Walk (RG)</p> <p>1:30 Movie Matinee: "London Has Fallen" Starring: Gerard Butler, Aaron Eckhart, Morgan Freeman (99 Mins) (CH)</p> <p>3:30 Board Games 'N Card Games (L)</p> |
| <p>Picnic in the Park 29</p> <p>8:45 Seated Stretch W/Rob (L)</p> <p>11:30 Picnic at Soule Park With Kelley & Friends (SU)</p> <p>3:30 Board Games 'N Card Games (L)</p> | <p>Keith Bush 30</p> <p>8:30 Gables Walking Club (CH)</p> <p>12:30 Birthday Dinner!</p> <p>1:30 Music With the One and Only Keith Bush (L)</p> <p>3:30 Swim Club (L)</p> | <p>Spite N' Malice 31</p> <p>9:20 Reach With Rob (L)</p> <p>10:00 Art: Special Guest Artist to Talk and Share Their Artwork (L)</p> <p>1:30 Spite N' Malice With Juan and Friends-come Join the Fun (L)</p> <p>5:00 Happy Hour (L)</p> | |

August 2018

"This Month In History"

AUGUST

1909: The U.S. military enters the aviation age when the Army purchases its first airplane, the Wright Military Flyer, built by the Wright brothers.

1910: Chicago engineer Alva J. Fisher receives a patent for his electric motor-powered washing machine. The washer was sold under the brand name Thor.

1939: Business tycoon and pilot Howard Hughes receives the

Congressional Gold Medal for "advancing the science of aviation."

1942: The Battle of Guadalcanal begins. It was the first major Allied offensive in the Pacific during World War II.

1957: With teens dancing to the day's hit music, "American Bandstand," hosted by Dick Clark, starts broadcasting nationwide.

1962: Spider-Man makes his debut in the comic book "Amazing Fantasy" issue No. 15, published by Marvel Comics.

1970: Introduced by Neil Diamond at a club in Hollywood, singer Elton John performs his first show in the U.S.

1981: The IBM Personal Computer goes on sale with a price tag of \$1,565.

1993: Parisian officials welcome the 150 millionth visitor to the Eiffel Tower since it opened in 1889.

2001: Astronomers announce the discovery of the first solar system outside our own when they identify two planets orbiting a star in the Big Dipper constellation.

2008: China's capital city of Beijing hosts the Summer Olympic Games.

2017: In a rare coast-to-coast total solar eclipse, the moon's shadow sweeps across 14 U.S. states.

SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Solution

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 8 | 9 | 2 | 5 | 6 | 1 | 7 | 3 |
| 1 | 9 | 7 | 8 | 6 | 3 | 4 | 2 | 5 |
| 2 | 3 | 5 | 4 | 7 | 1 | 9 | 8 | 6 |
| 7 | 4 | 2 | 5 | 3 | 8 | 6 | 9 | 1 |
| 8 | 6 | 3 | 1 | 9 | 7 | 4 | 2 | 5 |
| 5 | 1 | 9 | 6 | 4 | 2 | 7 | 3 | 8 |
| 3 | 5 | 1 | 9 | 2 | 4 | 8 | 6 | 7 |
| 9 | 7 | 8 | 3 | 1 | 6 | 5 | 2 | 4 |
| 6 | 2 | 4 | 7 | 8 | 5 | 3 | 1 | 9 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | | 3 | 5 | | | 4 | | 9 |
| | 2 | | | | | | 7 | |
| | | 8 | 4 | 2 | 6 | | | |
| | 3 | | | | 9 | | 1 | 5 |
| 2 | | | | 6 | | | | 8 |
| 1 | 6 | | 8 | | | | 4 | |
| | | | 1 | 7 | 4 | 5 | | |
| | 4 | | | | | | | 1 |
| 3 | | 1 | | | 2 | 9 | | |