

# NEWS RELEASE



**FOR IMMEDIATE RELEASE**

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## **Brewery visits continue for older adults in Bismarck** *Trip to Stonehome Brewing will kick off Active Aging Week*

BISMARCK, N.D. — Proving that brewery and pub crawls aren't just for the young, Touchmark on West Century residents and friends will be getting another stamp on their passports by visiting one of Bismarck's newest brewery locations in September. The visit launches Active Aging Week, and they are inviting others to join them at Stonehome Brewing Co. on Sept. 20 at 4 p.m.

This is the third of eight stops on Touchmark's brewery tour and is one of the most exciting locations yet.

"There is a real buzz in town surrounding the opening of Stonehome Brewing in Bismarck," says Destiny Glaser, Touchmark Life Enrichment/Wellness Director. "We're going to be located on the rooftop of the bank overlooking the Capitol and the heart of Bismarck. It's a wonderful view!"

At Stonehome, Touchmark will provide appetizers; those attending will be responsible for purchasing their own beer. "Touring the brewery and enjoying the view, craft beer and artisanal food guarantee a good time for all – and this is a great way to kick off Active Aging Week, something everyone can enjoy."

Each month, residents of the full-service retirement community are visiting a different area brewery and collecting a passport stamp. There is no admission cost; participants are responsible for buying their own beer and snacks. "And the fun and cheers are priceless," adds Glaser, who coordinates the visits.

Located on the main floor of the new First International Bank and Trust building at 1601 N 12th Street, Stonehome Brewing features a full menu and bar, on-site brewing and outdoor seating. This is the second location for the family-owned brewery; Watford City, North Dakota, is the headquarters for the company.

### **About Touchmark**

A full-service retirement community, Touchmark on West Century offers a range of homes and lifestyle options for people 55-plus years. An on-site health and fitness club is open to anyone over 50 and features a variety of fitness options. For more information, visit [Touchmark.com](http://Touchmark.com).

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