



GABLES *of Ojai*

701 N Montgomery St • Ojai, CA 93023 • (805) 646-1446



Director's Corner

Residents, Families and Friends: I need your help. Last month, I wrote about my incredible management team. But of course, we have many other staff here too. All 66 team members are dedicated, caring individuals whose goal is to provide the best care to our residents.

I can never thank my team enough, although I try. We are exploring ways to honor the staff more, including bringing back the Employee of the Month award. In the Main Office, Cottages and Gardens, there are Employee of the Month forms. I encourage you to fill in one of these short forms the next time you visit.

A lot of our work is unseen by most people, but without it, we could not function. I have been here 9 years, but there are about 25 staff who have been here longer than me.

The staff never look for praise, but are always happy to receive it, especially from residents and families. A thank-you or a kind word goes a long way. I appreciate all of your support, and thank you in advance for praising my team.

David

October 2018



Upcoming Events

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|-----------|--------------------------------------|
| Oct. 3rd | Trader Joe's & 99¢ Store with Kelley |
| Oct. 4th | Resident Council with David & Kelley |
| Oct. 5th | Chef Chat with Salvador & David |
| Oct. 8th | Sandra's Leaving Party |
| Oct. 8th | David's Writing Club |
| Oct. 10th | Ben Franklin & Vons with Kelley |
| Oct. 11th | Prickly Pumpkin Patch with Kelley |
| Oct. 15th | Debate with David |
| Oct. 17th | Shopping at Target with Kelley |
| Oct. 19th | Native American Sacred Music |
| Oct. 22nd | David's Writing Club |
| Oct. 24th | Dinner and a Movie with Kelley |
| Oct. 25th | Music by Paul Lenderman |
| Oct. 29th | Debate with David |
| Oct. 31st | Spooky Halloween Party |
| Oct. 31st | Trick-or-Treat with Staff Kids |





- 6 Rankin Griesinger
- 8 Barbara Greene
- 10 Rosemary Schumacher
- 15 Helen Henrickson
- 22 Pat Sagenkahn
- 25 Malcolm Mitchell
- 25 Barbara Fugle



| Sunday | Monday | Tuesday |
|---|--|--|
| <h1>October</h1> | <p>Craft Corner 1</p> <p>9:20 Get Fit While You Sit W/Pam Moore (L)</p> <p>1:30 Craft Corner With Juan (CH)</p> <p>3:00 Board Games 'n Card Games</p> | <p>Steel Magnolias 2</p> <p>8:30 Gables Walking Club (CH)</p> <p>1:00 Fun Facts With Juan (MDR)</p> <p>1:30 Movie "Steel Magnolias" Starring- Shirley MacLaine, Olympia Dukakis, Sally Field (160 Mins.) (CH)</p> |
| <p>The UnMiracle 7</p> <p>9:00 - 12:00 Church Drives</p> <p>1:30 New Movie Matinee: "The UnMiracle" Starring: Stephen Baldwin, Amy Lyndon, Kevin Sorbo. (97 Mins.) (CH)</p> <p>3:00 Gables Card Sharks & Snacks W/Dana (L)</p> | <p>Sandra's Leaving Party 8</p> <p>9:20 Get Fit While You Sit W/Pam Moore (L)</p> <p>1:30 Writing Club W/David: Sharpen Up Your Writing Skills With Short Stories, Poems and More (CH)</p> <p>3:00 Sandra's English Cream Tea Leaving Party: Say Goodbye to David's Mum and Eat Like a King or Queen! (L)</p> | <p>The Aviator 9</p> <p>8:30 Gables Walking Club (CH)</p> <p>1:00 Fun Facts With Juan (MDR)</p> <p>1:30 Movie "The Aviator" Starring- Leonardo DiCaprio, Cate Blanchett, Kate Beckinsale. (120 Mins) (CH)</p> |
| <p>Extinction 14</p> <p>9:00 - 12:00 Church Drives</p> <p>1:30 New Movie Matinee: "Extinction" Starring- Michael Peña, Lizzy Caplan, Amelia Crouch. (95 Mins.) (CH)</p> <p>3:00 Gables Card Sharks & Snacks W/Dana (L)</p> | <p>Debate With David 15</p> <p>9:20 Get Fit While You Sit W/Pam Moore (L)</p> <p>1:30 Debate With David: Give Your Views and Hear What Your Friends Have to Say as We Debate Some "Hot Topics" (CH)</p> <p>3:00 Craft Corner With Juan (CH)</p> | <p>Hereafter 16</p> <p>8:30 Gables Walking Club (CH)</p> <p>1:00 Fun Facts With Juan (MDR)</p> <p>1:30 Movie "Hereafter" Starring- Matt Damon, Cécile De France, Bryce Dallas Howard. (120 Mins.) (CH)</p> |
| <p>1 Mile to You 21</p> <p>9:00 - 12:00 Church Drives</p> <p>1:30 New Movie Matinee: "1 Mile to You" Starring-Graham Rogers, Tim Roth, Justin McCammom (104 Mins.) (CH)</p> <p>3:00 Gables Card Sharks & Snacks W/Dana (L)</p> | <p>Writing Club W/David 22</p> <p>9:20 Get Fit While You Sit W/Pam Moore (L)</p> <p>1:30 Writing Club W/David: Sharpen Up Your Writing Skills With Short Stories, Poems and More (CH)</p> <p>3:00 Craft Corner With Juan (CH)</p> | <p>Edward Scissorhands 23</p> <p>8:45 Gables Walking Club (CH)</p> <p>1:00 Fun Facts With Juan (MDR)</p> <p>1:30 Movie "Edward Scissorhands" Starring- Johnny Depp, Winona Ryder, Dianne Wiest (110 Mins.) (CH)</p> |
| <p>Monster Family 28</p> <p>9:00 - 12:00 Church Drives</p> <p>1:30 New Movie Matinee: "Monster Family" Starring- Emily Watson, Jason Isaacs, Nick Frost. (93 Mins.) (CH)</p> <p>3:00 Gables Card Sharks & Snacks W/Dana (L)</p> | <p>Debate With David 29</p> <p>9:20 Get Fit While You Sit W/Pam Moore (L)</p> <p>1:30 Debate With David: Give Your Views and Hear What Your Friends Have to Say as We Debate Some "Hot Topics" (CH)</p> <p>3:00 Craft Corner With Juan (CH)</p> | <p>Hocus Pocus 30</p> <p>8:30 Gables Walking Club (CH)</p> <p>1:00 Fun Facts With Juan (MDR)</p> <p>1:30 Movie "Hocus Pocus" Starring: Bette Midler, Sarah Jessica Parker, Kathy Najimy (96 Mins.) (CH)</p> |

| Wednesday | Thursday | Friday | Saturday |
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| Redwing Band 3 8:45 Seated Stretch W/Rob (L) 9:30 Ventura Trip to Trader Joe's & 99¢ Store With Kelley (SU) 1:30 Music With Sandi & Jeff From the "Redwing" Band (L) | Resident Council 4 8:30 Gables Walking Club (CH) 1:30 Resident Council Meeting With David & Kelley: Come Share Your Thoughts About Activities and More & Also Find Out the Latest Gables News (L) 3:30 Swim Club (pool) | Chef Chat 5 9:20 Reach With Rob (L) 10:00 Art: "Watercolors With Patty Van Dyke" (CH) 1:30 Chef Chat W/Salvador & David- Please Come and Share Your Views & Ideas on Cuisine at the Gables (L) 5:00 Happy Hour (L) | Like Father 6 9:15 Nature Walk (RG) 1:30 Movie Matinee: "Like Father" Starring: Kristen Bell, Danielle Davenport, Kimiko Glenn. (98 Mins) (CH) 3:30 Chair Yoga With Dana (L) |
| Ben Franklin & Vons 10 8:45 Seated Stretch W/Rob (L) 9:30 Field Trip to Ojai's Ben Franklin & Vons With Kelley (SU) 1:30 Music With Sandi & Jeff From the "Redwing" Band (L) | Episcopal Church 11 8:45 Gables Walking Club (CH) 11:00 Episcopal Church Service (L) 1:30 Prickly Pumpkin Patch Party With Kelley & Punch. (CH) 3:00 Swim Club (pool) | Art With Mart 12 9:20 Reach With Rob (L) 10:00 Art: "Watercolors With Marta Nelson" (CH) 1:30 Bocce Ball & Banana Splits With Juan (RG) 5:00 Happy Hour (L) | Brain on Fire 13 9:15 Nature Walk (RG) 1:30 Movie Matinee: "Brain on Fire" Starring: Chloë Grace Moretz, Thomas Mann, Richard Armitage. (88 Mins) (CH) 3:30 Chair Yoga With Dana (L) |
| Target 17 8:45 Seated Stretch W/Rob (L) 9:30 Road Trip to Ventura Mall to Shop at Target With Kelley. (SU) 1:30 Furry Friend Headband Making With Juan. (CH) | Mayor Johnny 18 8:45 Gables Walking Club (CH) 1:30 Ojai's Mayor Johnny Johnston - What's the Buzz in Ojai? (L) 3:30 Swim Club (Pool) | Ken Fried 19 9:20 Reach With Rob (L) 10:00 Art: "Watercolors With Marta Nelson" (CH) 1:30 Native American Sacred Music With Flute Performer Ken Fried (L) 5:00 Happy Hour (L) | Addams Family 20 9:15 Nature Walk (RG) 1:30 Movie Matinee: "Addams Family" Starring: Anjelica Huston, Raul Julia, Christopher Lloyd. (99 Mins) (CH) 3:30 Chair Yoga With Dana (L) |
| Dinner & Movie 24 8:45 Seated Stretch W/Rob (L) 10:30 Dinner and a Movie @ The Collection With Kelley (SU) 3:00 Halloween Mask Making Madness With Juan. (CH) | Paul Lenderman 25 8:45 Gables Walking Club (CH) 12:30 Birthday Dinner: 1:30 Birthday Music With Paul Lenderman (L) 3:30 Swim Club (Pool) | Bocce Ball 26 9:20 Reach With Rob (L) 10:00 Art: "Watercolors With Marta Nelson" (CH) 1:30 Bocce Ball & Bananas Splits With Juan (RG) 5:00 Happy Hour (L) | E.T 27 9:15 Nature Walk (RG) 1:30 Movie Matinee: "E.T" Starring: Henry Thomas, Drew Barrymore, Peter Coyote. (98 Mins) (CH) 3:30 Chair Yoga With Dana (L) |
| Happy Halloween!! 31 8:45 Seated Stretch W/Rob (L) 1:30 Ghost and Goblins Super Spooky Halloween Party (L) 4:30 Trick-or-Treat With Staff Kids in the Lounge (L) | Location Key (CH) Clubhouse (L) Main Lounge (MDR) Main Dining Room (RG) Rose Garden |  |  |

October 2018



From hand-to-hand to putting your best foot forward, the residents get pampered by our wonderful staff. Thank you to our Marketing Director and care staff — great teamwork.