

NEWS RELEASE



FOR IMMEDIATE RELEASE

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Destiny Glaser is Touchmark Life Enrichment/Wellness Director

BISMARCK, N.D. —Destiny Glaser is Life Enrichment/Wellness Director for Touchmark on West Century, a full-service retirement community. In her position, Glaser develops creative programming that supports residents' talents and interests while incorporating the seven dimensions of wellness.

Prior to Touchmark, she worked as the Communications Coordinator for Project Armchair, an organization of certified educators who volunteer to read to children in crises, such as those hospitalized or homeless. Glaser also spent four years with Hit, Inc., a nonprofit providing support services for those with disabilities.

A graduate of the University of Mary, Bismarck, North Dakota, Glaser holds a bachelor's degree in English and a minor in Public Relations. She also was a four-year college athlete, NSIC All-Academic Team member, and graduated cum laude.

About Touchmark

A full-service retirement community, Touchmark on West Century offers a range of homes and lifestyle options for people 55-plus years. An on-site health and fitness club is open to anyone over 50 and features a variety of fitness options. For more information, visit Touchmark.com.

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