



# GABLES *of Ojai*

701 N Montgomery St • Ojai, CA 93023 • (805) 646-1446



## Director's Corner

It is hard to believe that the Holiday Season is upon us. This is my favorite time of year. I love to see the increase in visitors to the Gables; families, friends and organizations reaching out to us from Ojai and beyond. The look on our Residents' faces seeing loved ones from near and far is precious.

Families are something that our Residents talk about a lot and are so proud of. I see that all the time, being introduced to a family member for the first or hundredth time!

The Holiday Season is also the time that we think about those in need. For as long as I can remember, the Gables has always taken part in Help of Ojai's Adopt a Family program. And we will do so again this year. We buy gifts, food and decorations for a local family who have signed up for this program with Help.

*"The best way to find yourself is to lose yourself in the service of others."* —Mahatma Gandhi

"Happy Thanksgiving"

David

November 2018



### Easy as Pie

The "Pumpkin Capital of the World" is the Illinois town of Morton. For nearly a century, it's been home to a plant that processes the fruit and produces most of the world's supply of canned pumpkin. When ready-made pumpkin puree first became available at markets in the early 1900s, it made it much easier for home cooks to create pumpkin pie and other holiday desserts.

### Classic Kitchen Toy

National Easy-Bake Oven Day on Nov. 4 celebrates the iconic toy that allows children to bake their own treats. The miniature appliance debuted in 1963 and was inducted into the National Toy Hall of Fame in 2006.

### Special Delivery

The U.S. Postal Service, UPS and FedEx are expected to deliver about 2 billion packages during the weeks between Thanksgiving and New Year's Eve.




## November

- 1 Ed Rundle
- 4 Paul Grauel
- 10 Joan Glenn
- 15 Rachel Silva
- 20 Barbara Fugle



Sunday	Monday	Tuesday
<i>November</i>		<p><b>LOCATION KEY</b>            CH - Clubhouse            L - Main Lounge            MDR - Main Dining Room            RG - Rose Garden            C - Cottages</p>
<p><b>Treasure Hounds</b> 4</p> <p>9:00 - 12:00 Church Drives</p> <p><b>1:30 New Movie Matinee: "Treasure Hounds" Starring: Valin Shinyei, Kenzie O'Day, Ryan James Keating (90 Mins.) (CH)</b></p> <p>3:00 Board Games 'N Card Games (C)</p>	<p><b>Writing Club</b> 5</p> <p>9:20 Get Fit While You Sit W/Pam Moore (L)</p> <p><b>1:30 Writing Club W/David: Sharpen Up Your Writing Skills With Short Stories, Poems and More (CH)</b></p> <p><b>3:00 Craft Corner With Juan (CH)</b></p>	<p><b>Big Miracle</b> 6</p> <p>8:30 Gables Walking Club (CH)</p> <p>1:00 Time Change Quiz With Juan (MDR)</p> <p><b>1:30 Movie "Big Miracle" Starring: Drew Barrymore, John Krasinski, John Pingayak (107 Mins.) (CH)</b></p>
<p><b>Same Kind of Different</b> 11</p> <p>9:00 - 12:00 Church Drives</p> <p><b>1:30 New Movie Matinee: "Same Kind of Different as Me" Starring: Greg Kinnear, Renée Zellweger, Djimon Hounsou (120 Mins.) (CH)</b></p> <p>3:00 Chair Yoga &amp; Meditation With Dana (C)</p>	<p><b>The Scarletts in Memphis</b> 12</p> <p>9:20 Get Fit While You Sit W/Pam Moore (L)</p> <p><b>1:30 "The Scarletts in Memphis" - Join David for Stories and Photos From His Trip to Memphis With His Mama: Elvis &amp; Sandra Have Left the Building (CH)</b></p> <p>3:00 Craft Corner With Juan (CH)</p>	<p><b>Phenomenon</b> 13</p> <p>8:30 Gables Walking Club (CH)</p> <p>1:00 Nov. Movies Quiz With Juan (MDR)</p> <p><b>1:30 Movie "Phenomenon" Starring: John Travolta, Kyra Sedgwick, Forest Whitaker (160 Mins.) (CH)</b></p>
<p><b>Jackie: Tale of Two Sisters</b> 18</p> <p>9:00 - 12:00 Church Drives</p> <p><b>1:30 New Movie Matinee: "Jackie: Tale of Two Sisters" Starring: Rachael Stirling (44 Mins.) (CH)</b></p> <p>3:00 Board Games 'N Card Games (C)</p>	<p><b>Writing Club</b> 19</p> <p>9:20 Get Fit While You Sit W/Pam Moore (L)</p> <p><b>1:30 Writing Club W/David: Sharpen Up Your Writing Skills With Short Stories, Poems and More (CH)</b></p> <p><b>3:00 Craft Corner With Juan (CH)</b></p>	<p><b>Walmart Trip</b> 20</p> <p>8:30 Gables Walking Club (CH)</p> <p><b>9:20 Trip to Walmart Supercenter in Oxnard's "Shopping at the Rose" (SU)</b></p> <p>1:00 Thanksgiving Theme Quiz With Juan (MDR)</p> <p><b>1:30 Movie "Must Love Dogs" Starring Diane Lane, John Cusack, Elizabeth Perkins (90 Mins.) (CH)</b></p>
<p><b>A Cowgirls Story</b> 25</p> <p>9:00 - 12:00 Church Drives</p> <p><b>1:30 New Movie Matinee: "A Cowgirls Story" Starring: Bailee Madison, Chloe Lukasiak, Pat Boone (99 Mins.) (CH)</b></p> <p>3:00 Chair Yoga &amp; Meditation With Dana (C)</p>	<p><b>Debate With David</b> 26</p> <p>9:20 Get Fit While You Sit W/Pam Moore (L)</p> <p><b>1:30 Debate With David: Give Your Views and Hear What Your Friends Have to Say as We Debate Some "Hot Topics" (CH)</b></p> <p><b>3:00 Craft Corner With Juan (CH)</b></p>	<p><b>The Stray</b> 27</p> <p>8:30 Gables Walking Club (CH)</p> <p>1:00 Month of November Quiz With Juan (MDR)</p> <p><b>1:30 Movie "The Stray" Starring: Michael Cassidy, Sarah Lancaster, Connor Corum (90 Mins.) (CH)</b></p>

Wednesday	Thursday	Friday	Saturday
	<b>Resident Council 1</b> 8:30 Gables Walking Club (CH) <b>12:30 Dinner Manager's Choice- "Kelley's Crazy Dinner"</b>  <b>1:30 Resident Council Meeting With David &amp; Kelley: Come Share Your Thoughts About Activities and More &amp; Also Find Out the Latest Gables News (L)</b>	<b>Chef Chat 2</b> 9:20 Reach With Rob (L)  <b>10:00 Art: "Watercolors With Patty Vandyke" (CH)</b>  <b>1:30 Chef Chat With Salvador &amp; Kelley- Please Come and Share Your Views &amp; Ideas on Cuisine at the Gables (L)</b>  5:00 Happy Hour (L)	<b>Big Miracle 3</b> 9:15 Nature Walk (RG) <b>1:45 Movie Matinee: "Big Miracle" Starring: Drew Barrymore, John Krasinski, John Pingayak (100 Mins.) (CH)</b> 3:00 Chair Yoga & Meditation With Dana (C) <b>Reminder: Turn Your Clocks Back One Hour at Bedtime Tonight!</b>
<b>Cameron Schubert 7</b>  8:45 Seated Stretch W/Rob (L) <b>9:45 Shopping Trip With Kelley to the Walmart Off Rose in Oxnard (SU)</b>  <b>1:30 Come Listen to Neo-Celtic Folk Music by Cameron Schubert (L)</b>	<b>Thankful Tree 8</b> 8:30 Gables Walking Club (CH) <b>11:00 Episcopal Church Service (L)</b> 12:30 Dinner Manager's Choice- "Christine's Crafty Cuisine" <b>1:45 Please Come Join in Putting Up Our Thankful Tree, Also Tell Us What Your Thankful for. (L)</b>	<b>Happy Hour 9</b> 9:20 Reach With Rob (L)  <b>10:00 Art: "Watercolors With Patty Vandyke" (CH)</b>  1:30 Bingo and Bon Bons Bash With Juan (L)  5:00 Happy Hour (L)	<b>Madrigali Band 10</b> 9:15 Morning Stretch With Dana (L) <b>1:00 Music With the Madrigali Band (L)</b>  <b>1:45 Movie Matinee: "Angel Eyes" Starring: Jennifer Lopez, Jim Caviezel, Jeremy Sisto (100 Mins.) (CH)</b> 3:00 Board Games 'N Card Games (C)
<b>Boccali's Trip 14</b>  8:45 Seated Stretch W/Rob (L)  <b>11:30 Lunch Trip to Boccali's Her in Ojai With Kelley (SU)</b>  <b>1:45 Pond Doctor, Jordan Crow Is Back With More of His Reptilian Friends (L)</b>	<b>Collectibles 15</b> 8:30 Gables Walking Club (CH)  <b>12:30 Dinner Manager's Choice-"Cheyenne's Caring Creation"</b>  <b>1:30 Bring Your Personal Collectibles to Put on Display for All to See. (L)</b>	<b>Art W/Mary From Assisted 16</b> 9:20 Reach With Rob (L)  <b>10:00 Art: "Watercolors With a Surprise Guest" (CH)</b>  <b>1:30 Come Join Mary Sawyer All the Way From Assisted in Doing Some Amazing Arts &amp; Crafts. (L)</b>  5:00 Happy Hour (L)	<b>A Holiday Engagement 17</b> 9:15 Morning Stretch With Dana (L)  <b>1:30 Movie Matinee: "A Holiday Engagement" Starring: Bonnie Somerville, Shelley Long, Jordan Bridges (90 Mins.) (CH)</b>  3:00 Chair Yoga & Meditation With Dana (C)
<b>Resident Social 21</b>  8:45 Seated Stretch W/Rob (L) <b>9:45 Field Trip to Ojai's Ben Franklin and Vons With Kelley (SU)</b>  <b>1:45 Resident Social Meeting Juan &amp; Kelley: Come Join Us in Getting to Know Your Neighbor (L)</b>	<b>22</b> 	<b>Happy Hour 23</b> 9:20 Reach With Rob (L)  <b>10:00 Art: "Watercolors With Patty Vandyke" (CH)</b>  1:30 Scrabble & Sherbet With Juan (L)  5:00 Happy Hour (L)	<b>Message in a Bottle 24</b> 9:15 Morning Stretch With Dana (L)  <b>1:30 Movie Matinee: "Message in a Bottle" Starring: Kevin Costner, Robin Wright, Paul Newman (120 Mins.) (CH)</b>  3:00 Board Games 'N Card Games (C)
<b>Five Wishes 28</b>  8:45 Seated Stretch W/Rob (L)  <b>10:00 Dinner and a Movie @ The Collection With Kelley (SU)</b>  <b>1:30 Five Wishes Talk With the One and Only Dr. Rajala From Assisted (L)</b>	<b>Music With Bob Bishop 29</b> 8:30 Gables Walking Club (CH)  <b>12:30 Birthday Dinner Manager's Choice- "Craftsman Craig's Dinner"</b>  <b>1:30 Birthday Music With Bob Bishop (L)</b>	<b>Bocce Ball 30</b> 9:20 Reach With Rob (L)  <b>10:00 Art: "Watercolors With Patty Vandyke" (CH)</b>  1:30 Bocce Ball & Banana Splits With Juan (RG)  5:00 Happy Hour (L)	

# November 2018

## \$ A THOUSAND REASONS TO RECOMMEND THE GABLES \$

Do you know someone who might enjoy living at the Gables?  
If so, provide us with some names of your friends who would benefit  
from our community and you'll get a **\$1,000** referral bonus  
(credited to your next month's rent) when one moves in\*

\*Your new resident/friend must live in the community for more than 30 days for the referral bonus to be paid. You must give the name and phone number of the prospect to the Marketing Director prior to the first tour and move-in. You must be a resident of the Gables to participate in this program. Your friend must come only through you, not a referral company. Please see Christine Fenn, marketing director, with any questions.

