

The Daily

9:30a The Day Underway

Morning Recreational Activities begin

10:45a Hydration Break

11:30a Midday Meal & Personal Time

1p Bodies in Motion Exercises

Program with Fitness Director, Kim Engen

1:30p Back in the Swing

Selected Activities: Familiar Tasks, Puzzles, Crafts, and others integrated with special

Activities and Hydration Breaks

Monday: Movies and Snacks /Popcorn

Tuesday: Bingo and Prizes /LiveWell Class

Note: First Tuesday – Monthly Birthday Celebration

Music Therapy - twice a month

Third Tuesday - Special Lunch

Wednesday: Book Club

Note: Third Wednesday - Red Hat Club

Thursday: Bingo and Prizes

Live Entertainment

Friday: Outing & Happy Hour

4:30p Evening Meal & Personal Time

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>December 2018</h1> <i>Prestonwood Court Exceptional Memory Care</i>						
						1 Recreational exercises, puzzles, and games
2 2:15p Sunday Service & Ice Cream Social	3 Matinee Movie & Popcorn	4 10:30a Music Therapy 1:30p LiveWell Class Bingo & Prizes Monthly Birthday Celebration with Toney Walsh	5 Book Club: Inspirational Stories	6 BINGO Entertainment: Toney Walsh	7 Outing: Out for a drive and treat. Happy Hour	8 Recreational exercises, puzzles, and games
9 2:15p Sunday Service & Ice Cream Social	10 Matinee Movie & Popcorn	11 1:30p LiveWell Class Bingo & Prizes	12 Book Club: Inspirational Stories	13 BINGO 4:30-6:00 Family Night Holiday Dinner Music by Andy Guarino	14 Outing: Out for a drive and treat. Happy Hour	15 Recreational exercises, puzzles, and games
16 2:15p Sunday Service & Ice Cream Social	17 Matinee Movie & Popcorn	18 10:30a Music Therapy 1:30p LiveWell Class Bingo & Prizes	19 Book Club: Inspirational Stories 1:45p Red Hat Club w/ Andy Guarino	20 BINGO Entertainment: The Matekis	21 Outing: Out for a drive and treat. Happy Hour	22 Recreational exercises, puzzles, and games
23/30 2:15p Sunday Service & Ice Cream Social	24/31 Matinee Movie & Popcorn	25 Merry Christmas Day to ALL!	26 Book Club: Inspirational Stories	27 BINGO Entertainment: Norris Perry	28 Outing: Out for a drive and treat. Happy Hour	29 Recreational exercises, puzzles, and games