



Keri Donovan

Life Enrichment/Wellness Director
Touchmark in the West Hills

In her role as Life Enrichment/Wellness Director, Keri is responsible for overseeing Touchmark’s award-winning Full Life Wellness & Life Enrichment Program™ at the full-service community. Using the seven dimensions of wellness—Emotional, Environmental, Intellectual, Occupational, Spiritual, and Social—she helps identify people’s strengths, skills, needs, interests, and goals to help them lead happy, healthy, and full lives. “Living the Full Life isn’t just a concept, it is the

Touchmark culture. It is the way we show up, and the way we do business. I am excited to be part of a team that is passionate and energetic about guaranteeing residents are living their best lives.”

Keri joined Touchmark after a nearly nine-year career at the Multnomah Athletic Club, where she advanced from Fitness/Gymnastics Department assistant to Wellness Supervisor. While there, she was responsible for executing successful life enrichment events as well as creating the Club’s first award-winning wellness program in 2015.

A certified Wellness Coach, Level 1 (Advocate), Keri also is certified as a Group Fitness Instructor and Personal Trainer from the American Council on Exercise. She holds a degree in Journalism and Technical Communication from Colorado State University.

Multitalented, Keri served as chief cinematographer for the feature documentary *Chasing Sarasota* after graduating from Colorado State University. The feature-length film tells the story about an Ultimate Frisbee team.

An avid Portland Timbers supporter, Keri enjoys spending time with her family that includes her young daughter, exercising, and being outdoors. She also has been a Nike product tester for women’s training footwear.